



DEAFLYMPICS



TOKYO 2025
25TH SUMMER DEAFLYMPICS

TEAM LEADERS' GUIDE

Athletics

(Track&Field)



TOKYO 2025 DEAFLYMPICS

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Welcome Message

Dear Athletes and Team Officials,

We are delighted to welcome you to Tokyo and thank you for your participation in TOKYO 2025 DEAFLYMPICS.

This guide has been prepared to provide you with essential information to ensure your experience here is smooth, productive, and enjoyable.

We have been working diligently to support all delegations and create an environment where you can perform at your best and feel at home. We hope that your time here will be both successful in competition and rich in cultural exchange and friendships.

We wish you a safe, memorable, and inspiring stay.

About This Team Leaders' Guide

Published in October 2025, this Team Leaders' Guide offers a summary of competition-related material about athletics' competition at TOKYO 2025 DEAFLYMPICS and provides a variety of information aimed at helping teams in planning and preparation.

1.OVERVIEW

Dates

The athletics schedule for TOKYO 2025 Deaflympics is as follows.

Track & Field November 17th (Mon)~19th (Wed), November 21st (Fri)~24th (Mon)

Hammer Throw November 20th (Thu)

Marathon November 25th (Tue)

Venues

The athletics venue for the TOKYO 2025 Deaflympics is as follows.

Track & Field Komazawa Olympic Park General Sports Ground Athletic Field

Hammer Throw Oi Central Seaside Park Track and Field Facilities

Marathon Tokyo Express Way and a part of Yaesu Route, Metropolitan Expressway

Events

Men – 22 events (At the time of final entry)

100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 110m Hurdles, 400m Hurdles, 3000m Steeplechase, Marathon, 4 × 100m Relay, 4 × 400m Relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon

Women – 20 events (At the time of final entry)

100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 100m Hurdles, 400m Hurdles, Marathon, 4 × 100m Relay, 4 × 400m Relay, High Jump, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Heptathlon

Mixed – 1 event (At the time of final entry)

4 × 400m Relay

In total, approximately 467 athletes from 65 countries are expected to participate in athletics events.

Key Dates

November 13, 2025	Pre-match Practice (to November 16th) Komazawa Olympic Park General Sports Ground Athletic Field
November 15, 2025	Pre-match Practice (to November 16th) Oi Central Seaside Park Track and Field Facilities
November 15, 2025	Opening Ceremony
November 16, 2025	Technical Meeting (Track & Field) – 10 a.m. National Olympics Memorial Youth Centre Room 416, 4th Floor, Centre Building
November 17, 2025 (DAY1)	Competition Day 1 Komazawa Olympic Park General Sports Ground Athletic Field
November 17, 2025 (DAY1)	Training Day 1 Oi Central Seaside Park Track and Field Facilities
November 18, 2025 (DAY2)	Competition Day 2 Komazawa Olympic Park General Sports Ground Athletic Field
November 18, 2025 (DAY2)	Training Day 2 Oi Central Seaside Park Track and Field Facilities
November 19, 2025 (DAY3)	Competition Day 3 Komazawa Olympic Park General Sports Ground Athletic Field
November 19, 2025 (DAY3)	Training Day 3 Oi Central Seaside Park Track and Field Facilities
November 20, 2025 (DAY4)	Competition Day 4 Oi Central Seaside Park Track and Field Facilities
November 20, 2025 (DAY4)	Training Day 4 Komazawa Olympic Park General Sports Ground Athletic Field
November 21, 2025 (DAY5)	Competition Day 5 Komazawa Olympic Park General Sports Ground Athletic Field
November 21, 2025 (DAY5)	Training Day 5 Oi Central Seaside Park Track and Field Facilities
November 22, 2025 (DAY6)	Competition Day 6 Komazawa Olympic Park General Sports Ground Athletic Field
November 22, 2025 (DAY6)	Training Day 6 Oi Central Seaside Park Track and Field Facilities
November 23, 2025 (DAY7)	Competition Day 7 Komazawa Olympic Park General Sports Ground Athletic Field
November 23, 2025 (DAY7)	Training Day 7 Oi Central Seaside Park Track and Field Facilities

November 23, 2025	Technical Meeting (Marathon) – 6 p.m. National Olympics Memorial Youth Centre Room 416, 4th Floor, Centre Building
November 24, 2025 (DAY8)	Competition Day 8 Komazawa Olympic Park General Sports Ground Athletic Field
November 25, 2025 (DAY9)	Competition Day 9 Tokyo Express Way and a part of Yaesu Route, Metropolitan Expressway
November 26, 2025	Closing Ceremony

Medal Ceremony

- Medals and supplementary prizes will be awarded only to the top three finishers / relay teams in each event. Athletes who place 4th to 8th will receive certificates, which will be distributed later via Deaflympic Square.

2. COMPETITION

Competition Rules

- This competition will be conducted in accordance with the 2025 World Athletics Competition Rules/Advertising Regulations, the Summer Deaflympics 2025 Technical Regulations for Athletics, and the competition guidelines for this event. In addition, doping control will be carried out in accordance with the regulations of World Athletics (WA).

Competition Schedule

1st day 17 Nov 2025		2nd day 18 Nov 2025		3rd day 19 Nov 2025		4th day 20 Nov 2025		5th day 21 Nov 2025	
10:30	100m M DEC	10:00	110m H M DEC	10:30	110m H M R1	10:00	Hammer Throw M F	10:30	Javelin Throw M Q-A
10:40	High Jump W F	10:10	Shot Put W Q-A	10:55	100m H W R1	13:20	Hammer Throw W F	10:30	100m H W HEPT
10:50	100m M R1	10:20	High Jump M F	11:00	Shot Put W F			10:40	Long Jump W Q
11:00	Shot Put M Q-A	10:30	100m W SF	11:10	Triple Jump M F			10:50	200m W R1
11:30	Long Jump DEC	10:40	100m M SF	13:30	Triple Jump W F			11:20	200m M R1
12:00	100m W R1	10:55	Discus Throw M DEC	14:00	Shot Put M F			11:30	High Jump W HEPT
12:30	400m M R1	11:10	400m W R1	14:30	110mH M F			11:50	Javelin Throw M Q-B
13:00	Shot Put M DEC	11:30	400m M SF	14:45	100mH W F			13:00	Javelin Throw W Q-A
14:00	10000m M F	12:30	Shot Put W Q-B	15:00	400m W F			13:50	Long Jump M Q
14:30	Shot Put M Q-B	12:35	1500m M R1	15:15	400m M F			13:55	400m H M R1
14:40	High Jump M DEC	12:45	Pole Vault M DEC	15:30	1500m W F			14:15	Shot Put W HEPT
15:00	4x400m X F	13:00	10000m W F	15:45	1500m M F			14:20	Javelin Throw W Q-B
15:45	400m M DEC	14:00	100m W F					14:25	800m M R1
		14:10	100m M F					15:15	5000m M R1
		14:30	Javelin Throw M DEC					16:00	200m W HEPT
		15:55	1500m M DEC						

6th day 22 Nov 2025		7th day 23 Nov 2025		8th day 24 Nov 2025		9th day 25 Nov 2025	
10:30	200m M SF	10:30	Javelin Throw M F	10:30	Discus Throw M F	10:00	Marathon W F
10:40	Long Jump W HEPT	10:40	Pole Vault M F	10:40	Long Jump W F	10:00	Marathon M F
10:50	Discus Throw M Q-A	12:15	200m W F	13:00	Discus Throw W F		
11:00	200m W SF	12:30	200m M F	13:50	Long Jump M F		
11:20	400m H M F	12:50	Javelin Throw W F	14:10	4x100m W F		
11:35	400m H W F	13:00	3000m SC M F	14:25	4x100m M F		
12:00	800m M SF	14:00	800m W F	14:40	5000m W F		
12:00	Discus Throw M Q-B	14:20	800m M F	15:10	5000m M F		
12:30	800m W R1	15:00	4x100m M R1	15:40	4x400m W F		
13:50	Javelin Throw W HEPT	15:20	4x100m W R1	15:50	4x400m M F		
14:30	4x400m M R1						
15:20	800m W HEPT						

Clothing and Personal Items Permitted within the Competition Venue and on the Course

1 Athlete Bibs and Waist Number Markers

(1) Athlete bibs will be distributed at the technical meeting. The design is as follows.

• Front



• Back (Except for Relay)



(2) Athlete bibs must be attached to the front (name) and back (number) of the uniform. However, for athletes competing in jumping events, it is acceptable to wear the bib on either the front or the back.

- (3) Athletes competing in track events will receive waist number markers (sticker type) at the time of call room procedure. These must be attached to both sides of the running shorts so that the printed number is positioned directly on the side of the body.

2 Competition Shoes

- (1) The length of spike pins must not exceed 9 mm, except for high jump and javelin throw, where pins up to 12 mm are permitted. In all cases, the number of spike pins must not exceed 11.
- (2) Shoes marked as “No” on the World Athletics (WA) approved shoe list are not permitted for use. Athletes are responsible for checking this list themselves. Inspections will be conducted on the shoes used in competition.

The shoe list can be checked on the World Athletics (WA) website (<https://certcheck.worldathletics.org/>).

- (3) The thickness of shoe soles must comply with TR5 and the “Regulations on Competition Shoes.”

Training Schedule

- Practice will be held at two venues on the following dates.

November 13~16, 20 Komazawa Olympic Park General Sports Ground Athletic Field

November 15~19, 21~23 Oi Central Seaside Park Track and Field Facilities

- Warm-up will be conducted at the Komazawa Olympic Park General Sports Ground Auxiliary Stadium.
- Please note that spikes are not allowed in the warm-up area.

November 13 (Thu)~16 (Sun) 20 (Thu)	Komazawa Olympic Park General Sports Ground Athletic Field	10:00~16:00 ※Closing at 12:00 on November 15(Sat)
November 15 (Sat), 16 (Sun)	Oi Central Seaside Park Track and Field Facilities	10:00~16:00 ※Closing at 12:00 on November 15(Sat)
November 17 (Mon) ~23(Sun)		10:00~16:00
November 17 (Mon)~24 (Mon)	Komazawa Olympic Park General Sports Ground Auxiliary Stadium	8:30~16:00
November 17 (Mon)~24 (Mon)	Komazawa Olympic Park General Sports Ground Athletic Field back straight	※Assigned according to each event

- (1) Komazawa Olympic Park General Sports Ground Athletic Field

- Service Period November 13, 14, 15(AM), 16, 20.
- Service Hours Open /10:00 Close/ After the day's events
- With AD control

• Throwing equipments available for loan: A desk will be set up near the 100m finish line, in front of the equipment storage area. Throwing equipments can be borrowed by exchanging an athlete's AD card. One equipment per person.

Training			1st day	Training			2nd day	Training			3rd day
			13 Nov 2025				14 Nov 2025				15 Nov 2025
START	FINISH	EVENT		START	FINISH	EVENT		START	FINISH	EVENT	
KOMAZAWA			10:00-16:00	KOMAZAWA			10:00-16:00	KOMAZAWA			10:00-12:00
10:00	11:30	A		10:00	11:30	A		10:00	11:00	Pole Vault	
11:30	13:00	B		11:30	13:00	B		10:00	11:00	Javellin Throw	
13:00	14:30	C		13:00	14:30	D		11:00	12:00	Shot Put	
14:30	16:00	C		14:30	16:00	D		11:00	12:00	Discus Throw	

Training			4th day
			16 Nov 2025
START	FINISH	EVENT	
KOMAZAWA			10:00-16:00
10:00	11:30	A	
11:30	13:00	B	
13:00	14:30	C	
14:30	16:00	D	

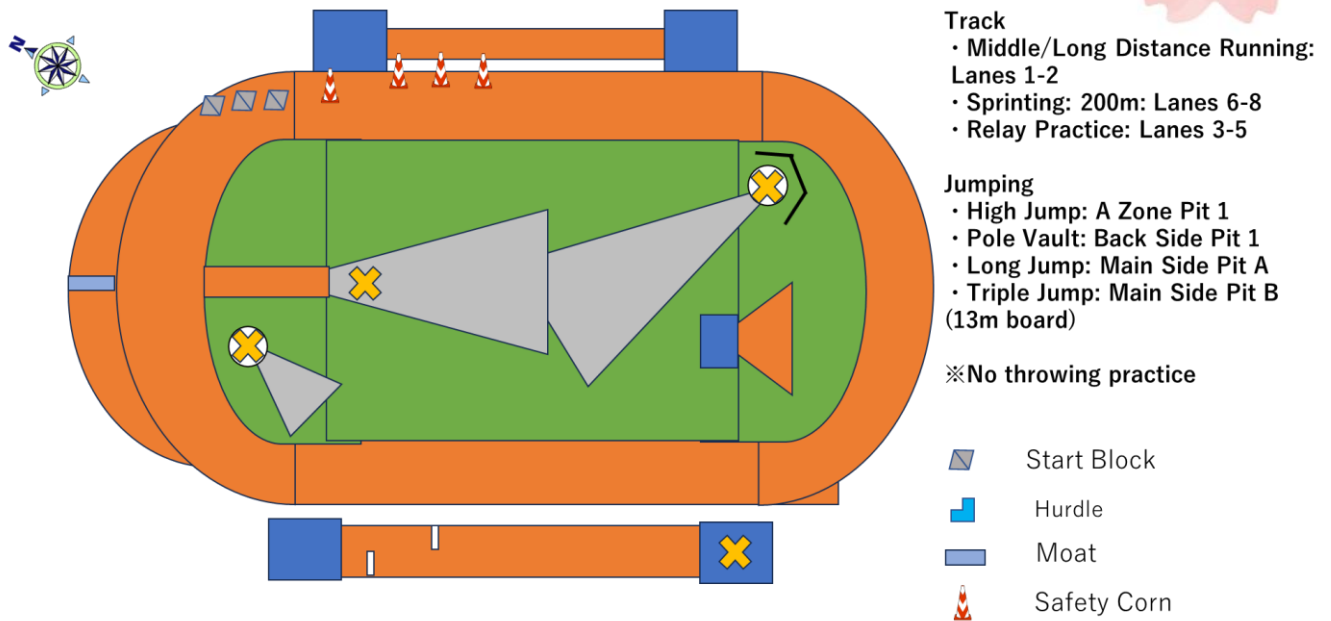
Training			8th day
			20 Nov 2025
START	FINISH	EVENT	
KOMAZAWA			
10:00	11:30	A	
11:30	13:00	B	
13:00	14:30	C	
14:30	16:00	D	

Komazawa training

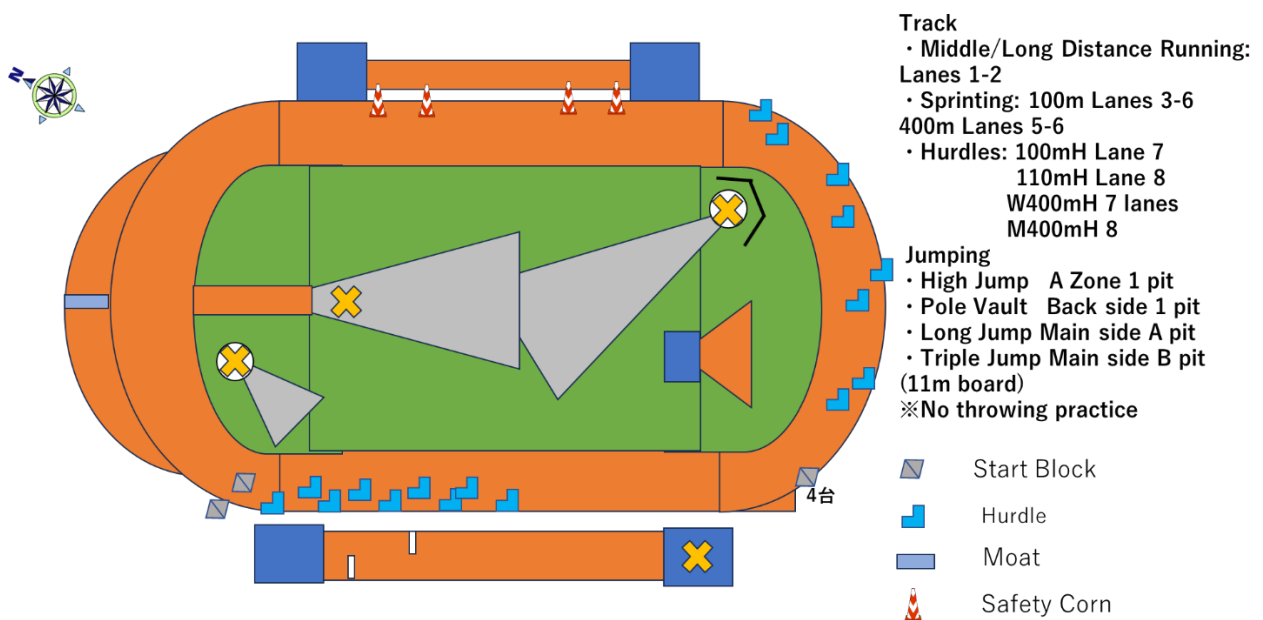
Menu	Contents
A	Track & Field <ul style="list-style-type: none"> • Middle/Long Distance: Lanes 1 & 2 • Sprint (200m): Sprint Drills: Lanes 6-8 • Relay Practice • Starting lights Practice • High Jump, Pole Vault, Long Jump, Triple Jump
B	Track & Field <ul style="list-style-type: none"> • Middle/Long Distance: Lanes 1 & 2 • Sprint (100m): Warm-up Runs/Sprints Lanes 3-6 (400m) Lanes 5-6 • Hurdles: 100mH (7 lanes) 110mH (8 lanes) W400mH (7 lanes) M400mH (8 lanes) • Starting lights Practice • High Jump、 Pole Vault、 Long Jump、 Triple Jump
C	Track (Main Side) • Discus Throw <ul style="list-style-type: none"> • Sprint (100m) Warm-up/Sprint Drills 1-4 lanes • Hurdles : 100mH (5-6 lanes)、 110mH (7-8 lanes) • Starting lights Practice
D	Track (Back Side) Javelin Throw • Shot Put <ul style="list-style-type: none"> • Track Back Only Dash • Running Drills • B Zone Shot Put • Javelin Throw • Starting lights Practice

• Training Layout of Komazawa Olympic Park General Sports Ground Athletic Field

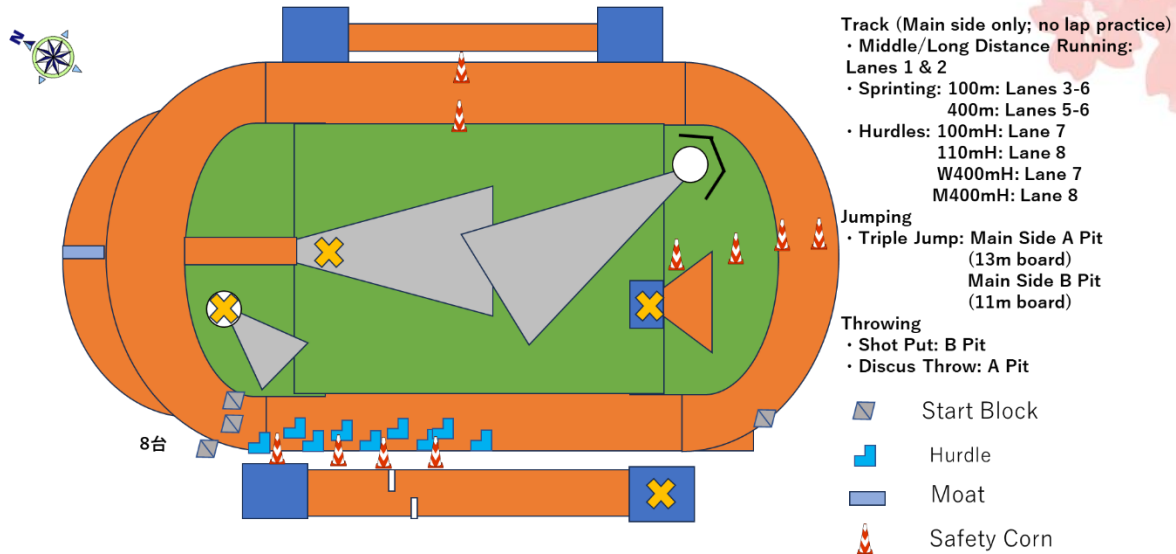
A Komazawa



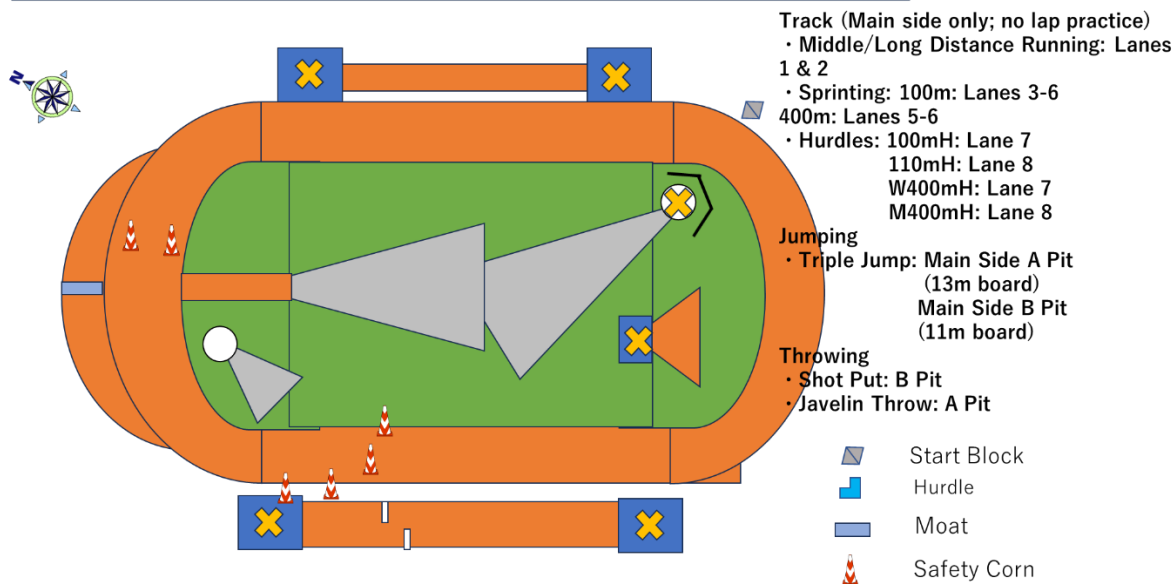
B Komazawa



C Komazawa



D Komazawa



(2) Komazawa Olympic Park General Sports Ground Auxiliary Stadium

- Service Period: November 17th to 24th
- Service Hours: Open/8:30 AM Close/4:00 PM
- With AD control
- Jogging, wind sprints, drill practice (use of personal training equipment permitted)
- Spikes prohibited
- Medicine balls permitted

(3) Komazawa Olympic Park General Sports Ground Athletic Field back straight

- Service Period November 17~24
- Service Hours Refer to the information below.
- With AD control

(4) Oi Central Seaside Park Track and Field Facilities

- Service Period November 16~19, 21~24
- Service Hours Refer to the information below.
- With AD control
- Throwing implements available for loan: A desk will be set up in front of the equipment storage area beyond the 100m finish line. Loan items will be provided in exchange for athletes' AD cards. One item per person.

Training		3rd day 15 Nov 2025	Training		4th day 16 Nov 2025
START	FINISH	EVENT	START	FINISH	EVENT
Oi 10:00-12:00					
10:00	12:00	E	10:00	12:00	A
			12:00	14:00	B
			14:00	16:00	E

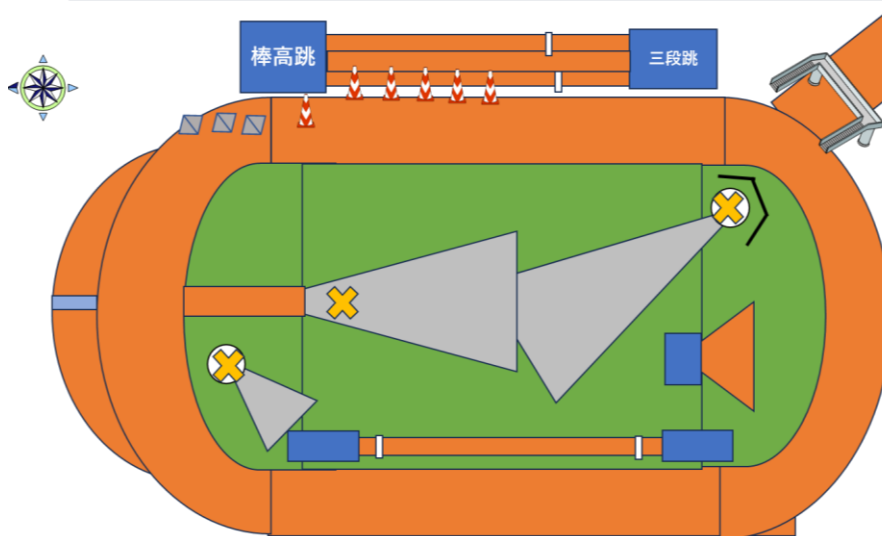
Training		5th day 17 Nov 2025	Training		6th day 18 Nov 2025	Training		7th day 19 Nov 2025
START	FINISH	EVENT	START	FINISH	EVENT	START	FINISH	EVENT
Oi 10:00-16:00								
10:00	11:30	A	10:00	11:30	A	10:00	11:30	A
11:30	13:00	B	11:30	13:00	B	11:30	13:00	B
13:00	14:30	C	13:00	14:30	D	13:00	14:30	C
14:30	16:00	D	14:30	16:00	E	14:30	16:00	E

Training		9th day 21 Nov 2025	Training		10th day 22 Nov 2025	Training		11th day 23 Nov 2025
START	FINISH	EVENT	START	FINISH	EVENT	START	FINISH	EVENT
Oi								
10:00	11:30	A	10:00	11:30	A	10:00	11:30	A
11:30	13:00	A	11:30	13:00	A	11:30	13:00	B
13:00	14:30	B	13:00	14:30	B + Javelin Throw	13:00	14:30	B
14:30	16:00	C	14:30	16:00	B + Javelin Throw	14:30	16:00	C

Oi training

Menu	Contents
A	Track & Field <ul style="list-style-type: none">• Middle/Long Distance: Lanes 1 & 2• Sprint (200m): Sprint Drills: Lanes 6-8• Relay Practice• Starting lights Practice• High Jump, Pole Vault, Long Jump, Triple Jump
B	Track & Field <ul style="list-style-type: none">• Middle/Long Distance: Lanes 1 & 2• Sprint (100m): Warm-up Runs/Sprints Lanes 3-6 (400m) Lanes 5-6• Hurdles: 100mH (7 lanes) 110mH (8 lanes) W400mH (7 lanes) M400mH (8 lanes)• Starting lights Practice• High Jump、 Pole Vault、 Long Jump、 Triple Jump
C	Track (Main Side) • Discus Throw <ul style="list-style-type: none">• Sprint (100m) Warm-up/Sprint Drills 1-4 lanes• Hurdles : 100mH (5-6 lanes)、 110mH (7-8 lanes)• Starting lights Practice
D	Track (Back Side) Javelin Throw • Shot Put <ul style="list-style-type: none">• Track Back Only Dash • Running Drills• B Zone Shot Put • Javelin Throw
E	Track (Main Side) • Hammer Throw <ul style="list-style-type: none">• Sprint (100m) Warm-up • Sprint 1-4 Lanes• Hurdles:100mH (5-6 Lanes) 110mH (7-8 Lanes)• Starting lights Practice• A Zone Hammer Throw

A Oi



Track

- Middle/Long Distance Running: Lanes 1-2
- Sprinting: 200m: Lanes 6-8
- Relay Practice: Lanes 3-5

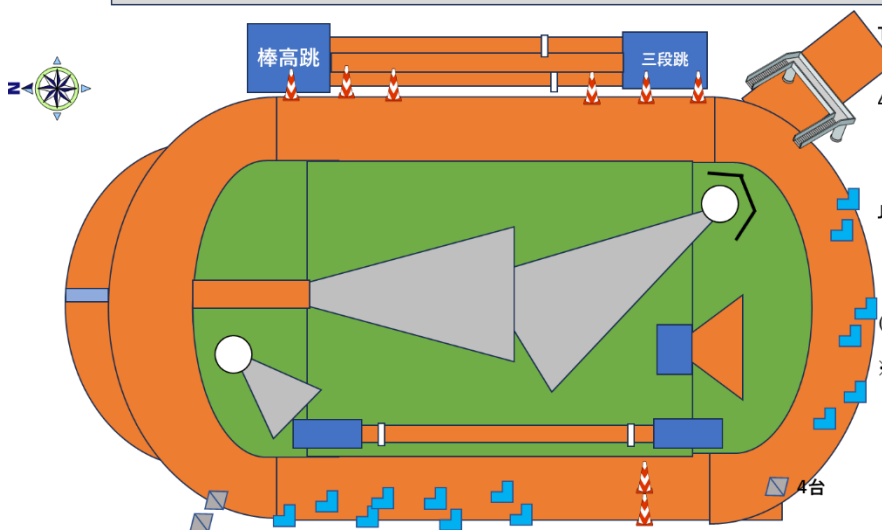
Jumping

- High Jump: A Zone Pit 1
- Pole Vault: Back Side Pit 1
- Long Jump: Main Side A Pit
- Triple Jump: Back Side B.C Pits (11.13m board)

※No throwing practice

- Start Block
- Hurdle
- Moat
- Safety Corn

B Oi



Track

- Middle/Long Distance Running: 1.2 lanes
- Sprinting: 100m: 3-6 lanes
- 400m: Lanes 5-6
- Hurdles: 100mH: Lane 7
- 110mH: Lane 8
- W400mH: Lane 7
- M400mH: Lane 8

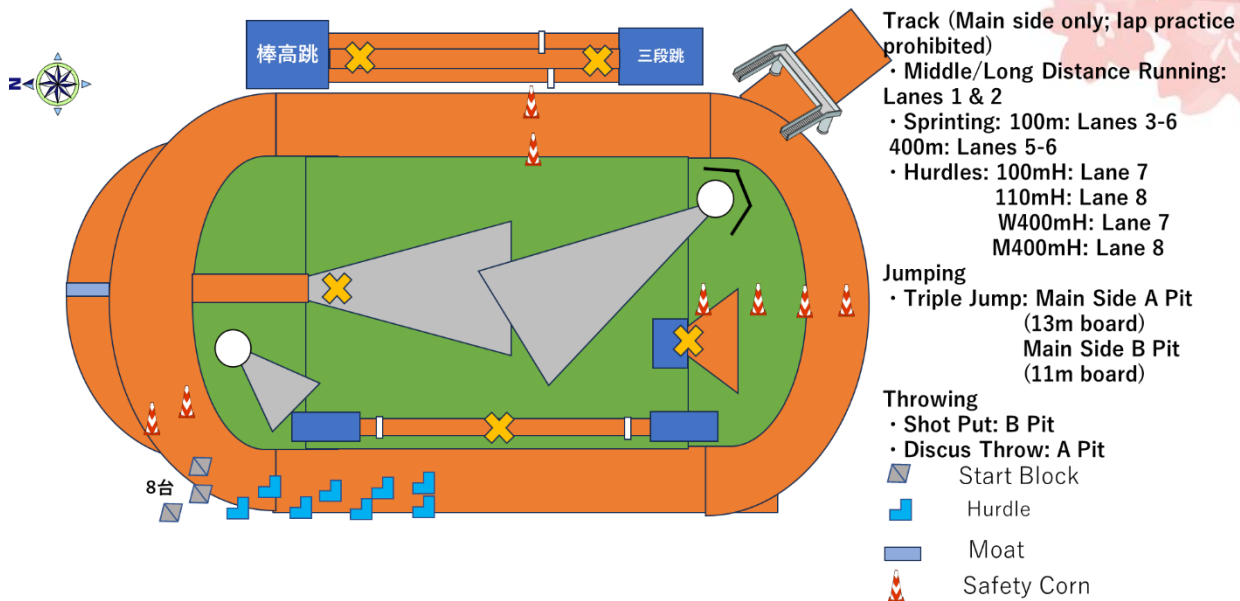
Jumping

- High Jump: A Zone Pit 1
- Pole Vault: Back Side Pit 1
- Long Jump: Main Side Pit A
- Triple Jump: Back Side Pits B and C (11m/13m boards)

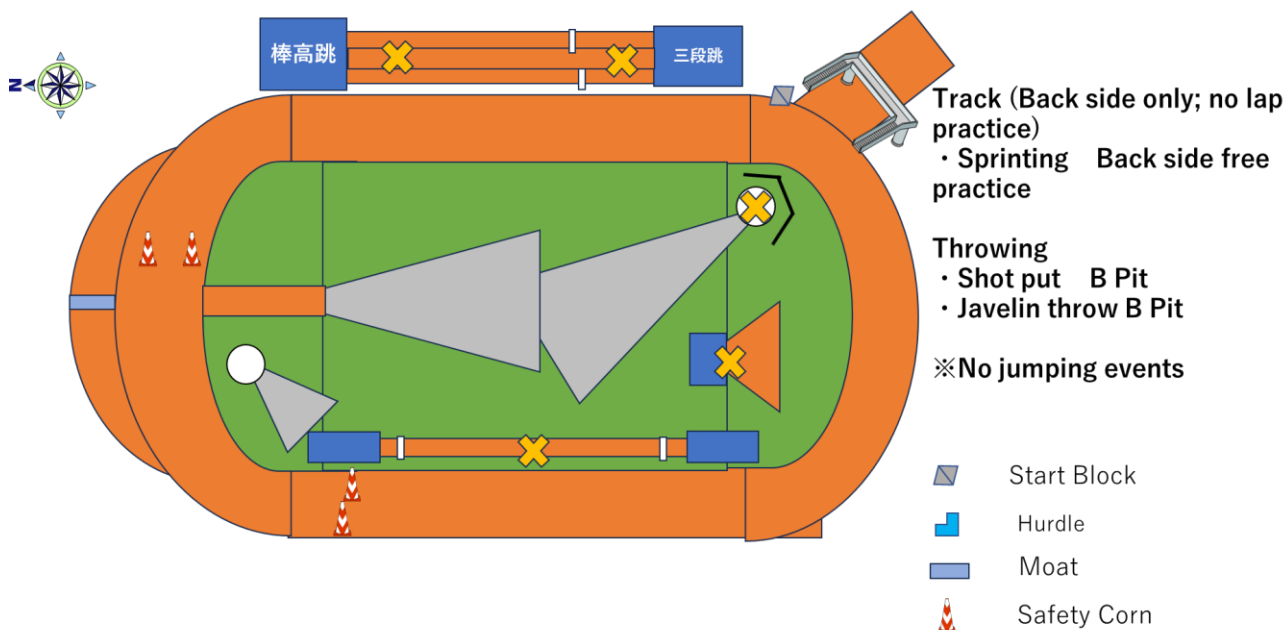
※No throwing practice

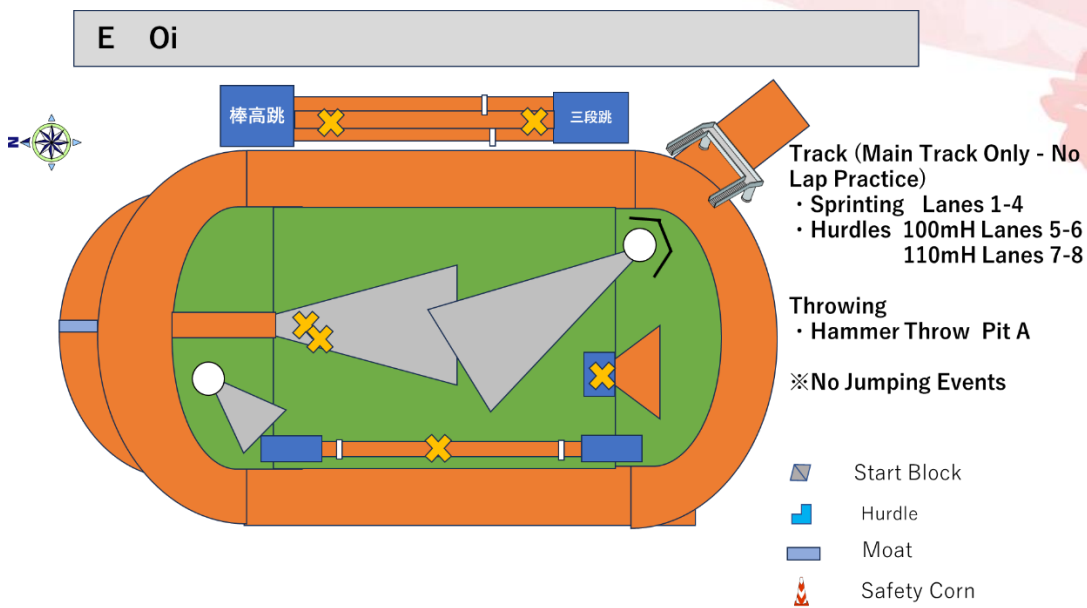
- Start Block
- Hurdle
- Moat
- Safety Corn

C Oi



D Oi





Documents, TIC (Technical Information Centre)

1 Documents

•The various documents and submission procedures during the competition period are as follows.

	Submitted Documents	Submission Deadline	Where to submit
1	Withdrawal Form	Up to 60 minutes before the start of the call room procedures	TIC
2	Relay Entry Form	Up to <u>the day before the event</u>	
3	Substitute Athlete Change Form	Up to <u>the day before the event</u> (As for relay, up to 60 minutes before the start of the event.)	
4	Multiple Event Participation Form	Up to 60 minutes before the start of the call room for the first event	
5	Application Form for Throwing Implements Inspection	Up to 2 hours before the start of the event	
6	Protest Form (Deposit of 100 USD)	※Please refer to "Protests"	

2 TIC

(1) Technical Information Center (TIC) will be established as the contact point for various applications, as

well as for inquiries regarding competitions and rules.

(2) TIC will be located on the second-floor concourse, up the stairs on the Gate A side (just before the team tents of each country).

(3) The responsibilities of the TIC shall be as follows.

① Distribution and acceptance of various notification forms (Please refer to “1 Various Documents” above.)

② Check-in and return of personal throwing implements

※ Submit Application Form for Throwing Implements Inspection.

③ Storage of lost and found items

④ Reception desk for questions concerning competitions and other matters

⑤ Reception desk for competition protests

※ Submit Protest Form.

Call Room

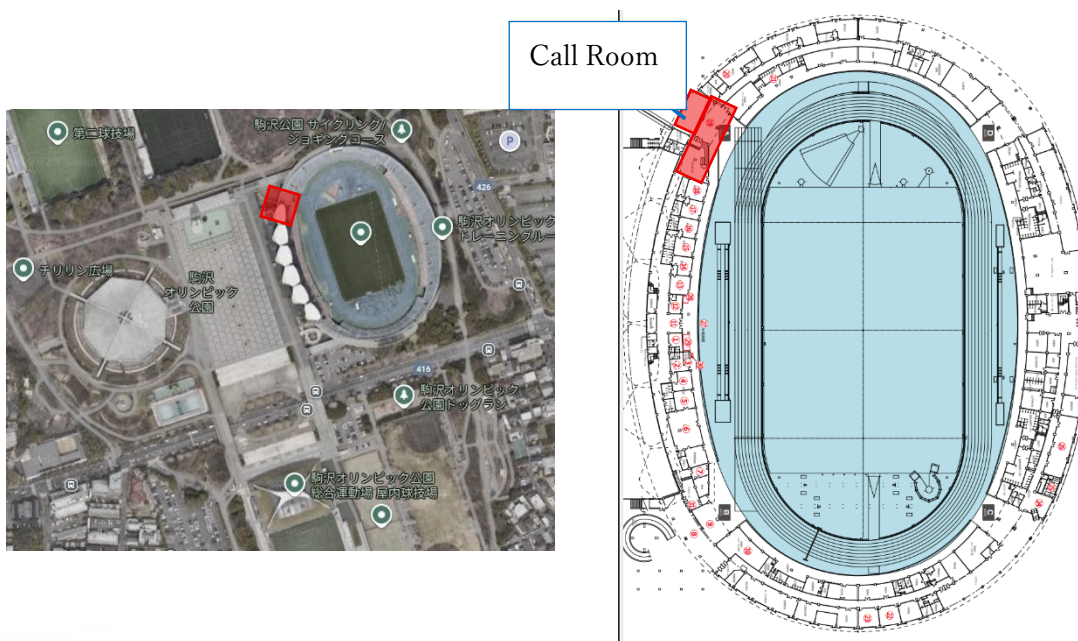
1 Call Room

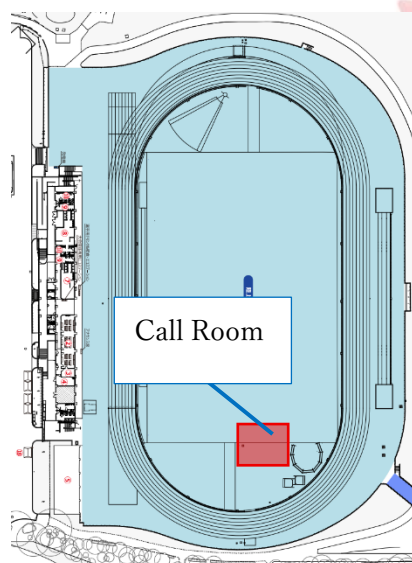
The call room is as follows.

○ Komazawa Olympic Park General Sports Ground Athletic Field: Behind the 100m start line (near Gate A).

※ For combined events, athletes must complete the call room procedure at the competition venue, except for the first event on Day 1 and Day 2.

※ However, the call room for the pole vault will be located at the competition pit (Zone D).





2 The Start and the End Times for the Call

- The start and end times for the call for each event shall be determined based on the scheduled start time of the respective competition, as follows.
- This applies to both preliminary and final rounds.

	Call Room Opening Time	Call Room Closing Time
Track Events	30 minutes before the start of the events	15 minutes before the start of the events
Field Events (except for Pole Vault)	45 minutes before the start of the events	35 minutes before the start of the events
Pole Vault	60 minutes before the start of the events	45 minutes before the start of the events
Procedure	At the start of the call room procedure, the athletes must report to the call room staff for the roll call. At that time, they will undergo inspections of their athlete bib number, accreditation card, spike pins on competition shoes, trademarks on clothing worn in the stadium, and all the bags brought in. Only for track events, athletes will receive two waist number bibs.	

3 Call Room Procedure

- (1) Final check-in by a representative is not permitted. Athletes competing in two events simultaneously must complete 'Multiple Event Participation Form' and submit it to TIC, either by themselves or through a representative. This must be submitted to TIC no later than 60 minutes before the start of the call room procedure for the first event.
- (2) Before entering the call room, athletes must remove any hearing aids, cochlear implants, or similar devices and undergo the call room procedure in a natural hearing state. Therefore, judges must always provide sign language interpretation or written information during the call room procedure process to ensure clear communication with the athletes.
- (3) For combined events, the call room procedure will be conducted at the call room only for the first event on Day 1 and Day 2.
For all subsequent events, the call room procedure will take place at each competition venue under the direction of the chief judge.
- (4) If there are any change to the relay entry, Substitute Athlete Change Form must be submitted to TIC no later than 60 minutes before the scheduled start time of the event.
- (5) Substitute Athlete Change Form for the relay entry will be distributed at TIC.
- (6) Athletes who arrive after the call room closing time will be considered to have withdrawn and will not be allowed to compete.
- (7) Furthermore, if 'MEDICAL Form' based on a doctor's diagnosis is not submitted, a fine of 100 USD per athlete will be imposed.
- (8) If an athlete intends to withdrawal from a scheduled event, Withdrawal Form must be completed and submitted to TIC no later than 60 minutes before the scheduled start time of the event.
- (9) Access to the call room is restricted to coaches, team managers, sign language interpreters, and authorized personnel only. All other individuals are prohibited from entering. Only competitors are allowed in the call room.

Entry and Exit Procedures for the Stadium

Entry into the stadium shall be conducted under the guidance and instructions of the staff. Exit procedures shall be carried out as outlined below.

- (1) For all track events, clothing transportation will be provided. Therefore, after reaching the finish line, athletes must collect their belongings and exit the stadium through Gate B via the Mixed Zone and the PECA (Post-Event Control Area). It is prohibited to use the indoor corridors. Athletes must follow the instructions of competition officials.
- (2) Athletes of field events must follow the instructions and guidance of competition officials when exiting the stadium.

Start

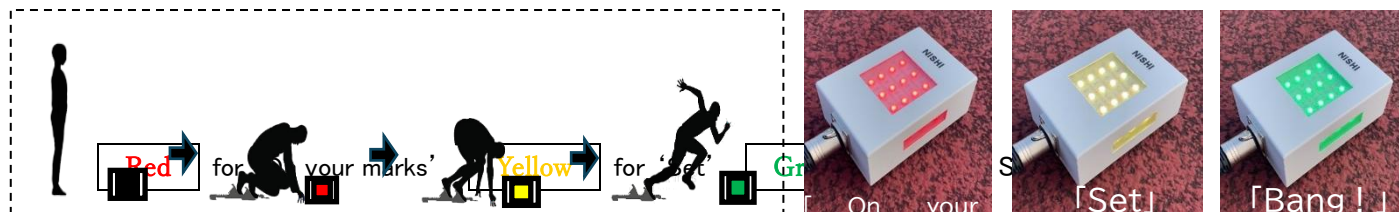
For all track events, the 'Starting Lights' system will be used.

Details of its usage are as follows:

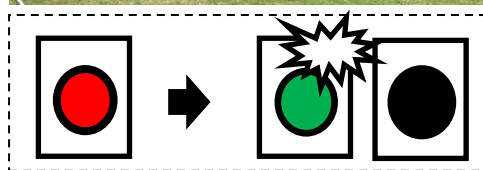
- (1) 'On your marks' – red; 'Set' – yellow (not used for events of 800m or longer); 'Start signal' – green.
- (2) Athletes are required to use the Starting Lights system.
- (3) If the system fails to operate correctly, the race will be immediately interrupted by firing the pistol, and a green card will be shown.

The starting lights are devices designed to provide a visual start signal for athletes who cannot rely on sound, such as those with hearing impairments. They are engineered to ensure that athletes who cannot hear the auditory start signal can still accurately perceive the timing of the start.

① For Sprint 【Crouch Start】



② Long-Distance Race 【Standing Start】



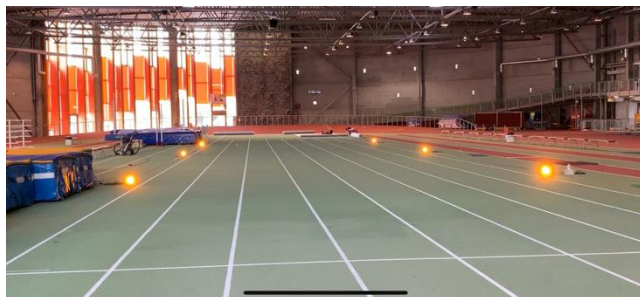
Red for 'On your marks', then change **Green** for Start Signal.

※Switch using the “Long-Distance Mode Switch” located on the main unit.

※It also serves as an information support tool for deaf spectators (Used in sprint events as well).

• Lightning Alert for False Start

As hearing aids, including cochlear implants, are removed during competition, athletes are unable to hear the recall signal. Therefore, the system is installed to promptly communicate recall information to them.



Event Heats, Field Groups, Lane Assignments, and Trial Order

- (1) In the preliminary rounds, lane assignments for track events, as well as the trial order for field events, shall be as indicated in the start list.
- (2) The lane assignments and groupings for the finals of track events with preliminary rounds will be displayed on the electronic scoreboard.

- (3) When determining which athletes advance to the next round based on time, if there is a tie for the final qualifying spot, the photo finish chief will decide the athlete based on time measured to the thousandth of a second (0.001 sec). If a decision still cannot be made, the athlete will be selected by drawing lot.
- (4) The competition track at the venue has eight lanes.

Competition Equipments

① Competition equipment shall be limited to that provided by the organizer.

However, athletes may use their own poles for the pole vault.

Additionally, for throwing implements, in addition to those provided by the organizer, athletes may bring and use up to two personally owned implements (limited to WA-certified implements) that have passed inspection by an official measurer. Throwing implements that pass inspection shall be rented by the organizer and made available for use by all athletes.

② Athletes wishing to bring their own throwing implements must submit them to the TIC along with a “Throwing Implement Inspection Application Form” at least two hours before the start of competition. A ‘Receipt’ will be issued for accepted throwing implements. Accepted throwing implements will be returned after competition at the inspection reception desk upon verification of the “Receipt”.

③ When practicing using competition equipment provided at the venue (shot put, discus, javelin, hammer) instead of personal throwing implements, athletes must present their ID to an official and borrow the equipment in exchange for their ID. If an athlete is found to have stolen venue-provided equipment, their ID will be confiscated.

○Komazawa Olympic Park General Sports Ground Athletic Field

Implement		Category	Brand	Product	Standard/Colour	Quantity	WA-certified
Shot Put	Men	7.260kg	N I S H I	Steel	φ 129mm	5	I-99-0083
				Steel	φ 125.5mm	5	I-99-0087
	Women	4.000kg	N I S H I	Steel	φ 109mm	3	I-99-0084
				Steel	φ 103mm	6	I-99-0089
Discus	Men	2.000kg	N I S H I	HIGH MOMENT	φ 220.5mm	4	I-02-0255
			Denfi	SKYmaster	Red/white centre	4	I-00-0270
			UCS	Purple Flyer	Purple	4	I-02-0255
	Women	1.000kg	N I S H I	S U P E R	φ 181.5mm	3	I-99-0086
				HIGH MOMENTCARBON	White/red/blue	4	I-18-0890
				HIGH MOMENT	φ 181.5mm	1	I-02-0256
			Denfi	Jurgen Schult	White/yellow cent	4	I-99-0099
Javelin	Men	800g	NISHI	Super DR (F453E)	Silver/yellow/red, red cord	3	I-01-0236
			NEMETH	Classic 95m	Violet/yellow/orange	4	I-99-0101
			NORDIC	Valhalla,hard NXB	Yellow/turquoise spiralgrey cord	4	I-18-0913
				Valhalla,medium NXB	Yellow/lilac spiral,	4	I-18-0915
	Women	600g	N I S H I	Super DR (F463F)	Silver/yellow/red, red cord	3	I-01-0235
			NEMETH	Classic 75m	Violet/yellow/red	3	I-99-0110
				Club Medium 75m	Violet/yellow/red	4	I-99-0101
			NORDIC	Diana Matal Alloy fkex6.2	Lilac/white, blue cord	4	I-99-0018

OOi Central Seaside Park Track and Field Facilities

Implement		Category	Brand	Product	Standard/Colour	Quantity	WA-certified
Shot Put	Men	7.260kg	N I S H I	Steel	ϕ 125.5mm	6	I-99-0087
	Women	4.000kg	N I S H I	Steel	ϕ 103mm	7	I-99-0089
Discus	Men	2.000kg	N I S H I	HIGH MOMENT	ϕ 220.5mm	5	I-02-0255
			Denfi	SKYmaster	Red/white centre	4	I-00-0270
			UCS	Purple Flyer	Purple	4	I-99-0122
	Women	1.000kg	N I S H I	HIGH MOMENT	ϕ 181.5mm	5	I-02-0256
				HIGH MOMENTCARBON	White/red/blue	4	I-18-0890
			Denfi	Jurgen Schult	White/yellow cent	4	I-99-0099
Javelin	Men	800g	N I S H I	Super DR(F453E) 80m	Silver/yellow/red, red cord	4	I-01-0236
			MEMETH	CLASSIC 95m	Violet/yellow/orange	3	I-99-0101
			NORDIC	Valhalla, hard NXB	Yellow/turquoise spiral, grey cord	4	I-18-0913
				Valhalla, medium NXB	Yellow/lilac spiral,	3	I-18-0915
	Women	600g	N I S H I	Super DR (F463F)	Silver/yellow/red, red cord	4	I-01-0235
			MEMETH	CLASSIC 75m	Violet/yellow/red	3	I-99-0110
				Club Medium 75m	Violet/yellow/red	4	I-99-0101
			NORDIC	Diana Matal Alloy fkex6.2	Lilac/white, blue cord	3	I-99-0018
Hammer	Men	7.26kg	N I S H I	Tungsten alloyed	ϕ 110mm	3	I-19-0943
			Polanic	Competition, steel, dia:		5	I-00-0206
				Ziolkowski Hammer Black, steel, dia		4	I-10-0469
	Women	4.000kg	N I S H I	Ductile	ϕ 95mm	4	I-19-0942
			Polanic	Competition, steel, dia:	ϕ 95mm	3	I-99-0156
				Premium Line Black, Steel, di	ϕ 95mm	5	I-10-0466

To All Male Athletes Participating in the Pole Vault and Decathlon Pole Vault events

○Athletes who wish to borrow a pole for the pole vault event are requested to check the following information.

•Please inform the OC in advance of the country name, athlete name, and number of poles.

OC's contact address: sports@deaf2025.jp

○Athletes intending to bring their own pole vault poles are requested to check the following information.

•Poles will be transported alongside the athletes by placing them in the aisle of the team bus.

•Poles cannot be brought into the hotel. Temporary storage areas will be provided at the transport hub, competition venue, and practice venue. However, storage must be managed under the responsibility of each team.

① Please inform the OC in advance of the country name, athlete name, and number of poles.

OC's contact address: sports@deaf2025.jp

②After entering the country and receiving the pole at the airport, it is expected that temporary storage will be arranged at a transport hub near the accommodation hotel.

③If you wish to transport the poles to the competition or training venue, please have your team carry them from the temporary storage area to the designated boarding area on their own responsibility.

The temporary storage area at Deaflympic Square, which serves as the transport hub, is located some distance from the boarding area, and it takes approximately 30 minutes there and back. Please ensure transportation is carried out with sufficient time to spare so that you arrive in time for competitions and training sessions.

④Storage locations for training and competition venues are as follows.

Event	Period	Storage Location
Komazawa	Nov13(Thu) ~ Nov16(Sun)	Komazawa Athletics Stadium, near the Assembly Area (A Gate) (planned) ※On 11/16 (Sun), items will be stored near the Assembly Area and then moved to the Auxiliary Stadium.
	Nov17(Mon) ~ Nov23(Sat)	Komazawa Olympic Park Auxiliary Stadium
Oi	Nov15(Sat) ~ Nov22(Fri)	Oi Athletic Stadium Equipment Storage Room

⑤ When storing equipment at the designated area, be sure to notify the competition officials.

⑥ **Athletes competing in the pole vault event must collect their pole vault poles at their own responsibility by the day of the competition and bring them to the competition venue.**

⑦When moving from the competition or training venue to the transport hub, please ensure that the team members themselves carry the poles from the temporary storage area to the pick-up/drop-off point.

⑧Upon departure as well, please ensure that the team members carry the poles from the temporary storage

area at the transport hub to the pick-up/drop-off point.

Poles cannot be stored before or after the official transport service period.

How to Raise the Bar in High Jump and Pole Vault (Starting Height)

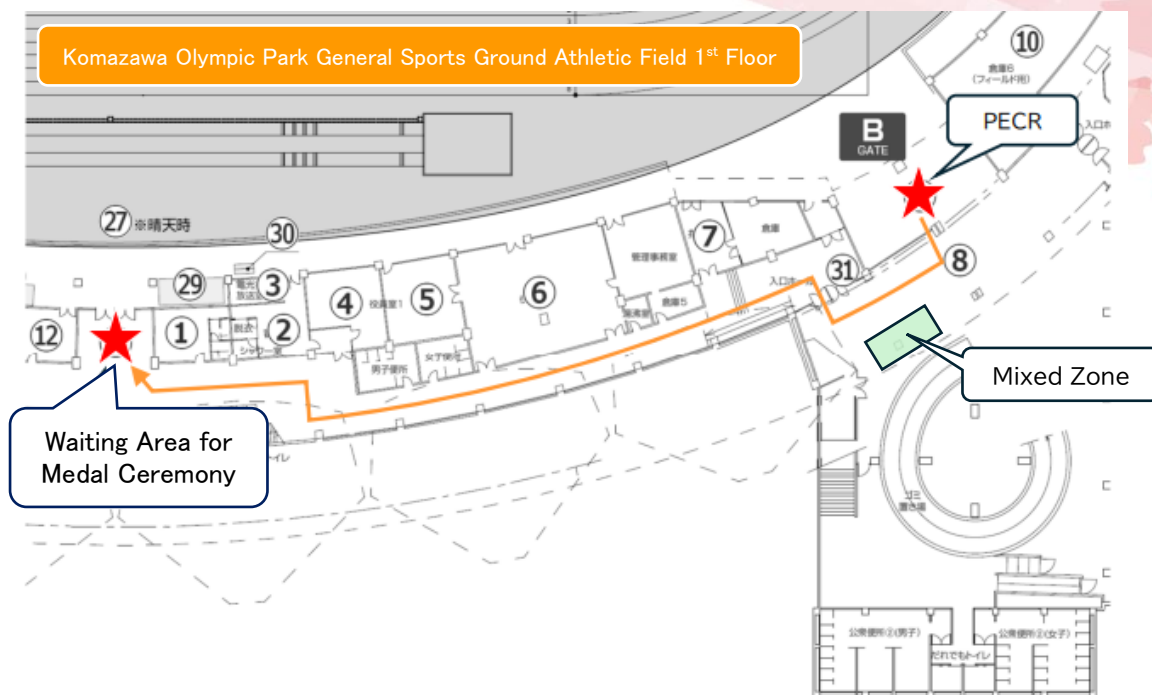
- The bar heights for training and trial attempts shall be set based on the qualifying records confirmed at the final entry. The same procedure for raising the bar shall be followed until the winner is determined.

Event		Height	Bar Progression in Competition
High Jump	Men		Decided at the technical meeting
	Women		
	Decathlon		
Pole Vault	Men		
	Decathlon		

- If the above records need to be adjusted due to weather or other conditions, the decision shall be made by the chief judge.

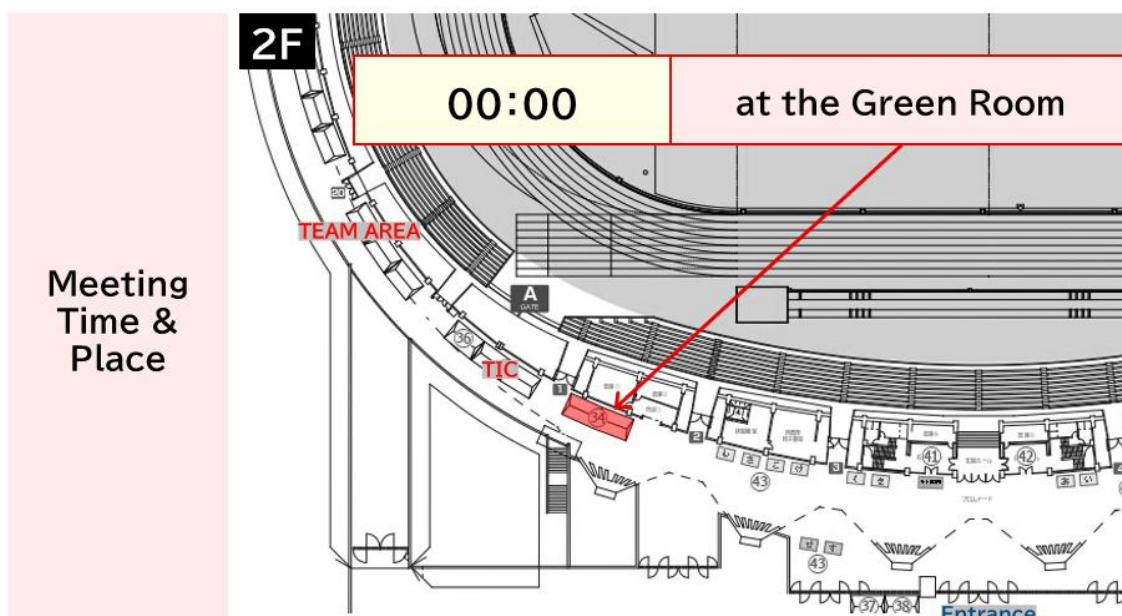
Exit Flow after the Finish

- All entries to and exits from the competition venue shall be conducted under the instruction and guidance of the competition officials.
- After the competition, athletes must follow the instructions of the competition officials and exit through the mixed zone.
- For award recipients, proceed to the waiting area under staff guidance, or gather in the green room at the designated time as instructed in the invitation letter.



• Invitation Letter (Sample)

Date		Event	
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Protest

- (1) The results of each event will be announced via the large screen and public announcements.
- (2) Protests regarding competition results or actions must be submitted to the TIC within 30 minutes after the official results are displayed on the large screen. The protest must be made by an official representative of the team. The protester must submit a written protest by English language (using the official protest form) along with a deposit (100 USD), through the designated administrative staff, to the ICSD Athletics Sports Director.
- (3) Protests during competition shall be handled in accordance with TR8.

Medal Ceremony

- (1) All track and field event medal ceremonies will be held at the Komazawa Olympic Park General Sports Grounds Athletics Stadium. **The men's and women's hammer throw events held at the Oi Wharf Central Seaside Park Athletics Stadium, the medal ceremony will be held at the Komazawa Olympic Park General Sports Grounds Athletics Stadium the day after the competition.**
- (2) The medal ceremony for the top three athletes and teams in each event will be held at the podium set up in front of the main stand. In case of rain, it will take place on the second-floor concourse.
- (3) Medals and commemorative gifts will be awarded to the top three finishers/teams in each event.
- (4) Athletes/Teams who place in the top three of each event will receive an invitation after the results are announced and must gather at the Green Room next to the TIC no later than 30 minutes before the medal ceremony. However, if the time between the end of the event and the scheduled medal ceremony is short, athletes will be guided to the medal ceremony waiting area according to staff instructions.
- (5) During the medal ceremony, athletes must wear their national team jerseys.
- (6) During the medal ceremony, athletes can wear hearing aids.

Technical Meeting

- The Technical Meeting for the TOKYO 2025 Deaflympics will be held at Deaflympic Square (Room 416, 4th Floor, Centre Building, National Olympics Memorial Youth Centre).
- The Technical Meeting for Track & Field events will start at 10:00, 16 November (Sun).
- The Technical Meeting for marathon will start at 18:00, 23 November (Sun).
- Up to two participants per team.
- Participation is mandatory for all delegations, as detailed rules and procedures will be shared just before the competition.

Hearing Aid Prohibited Area

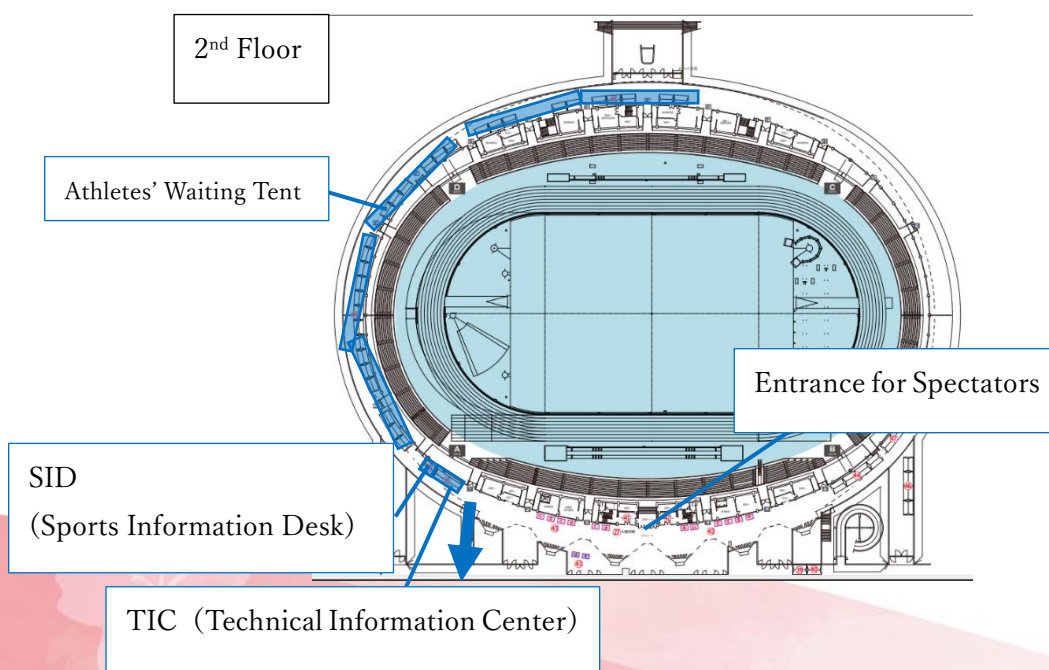
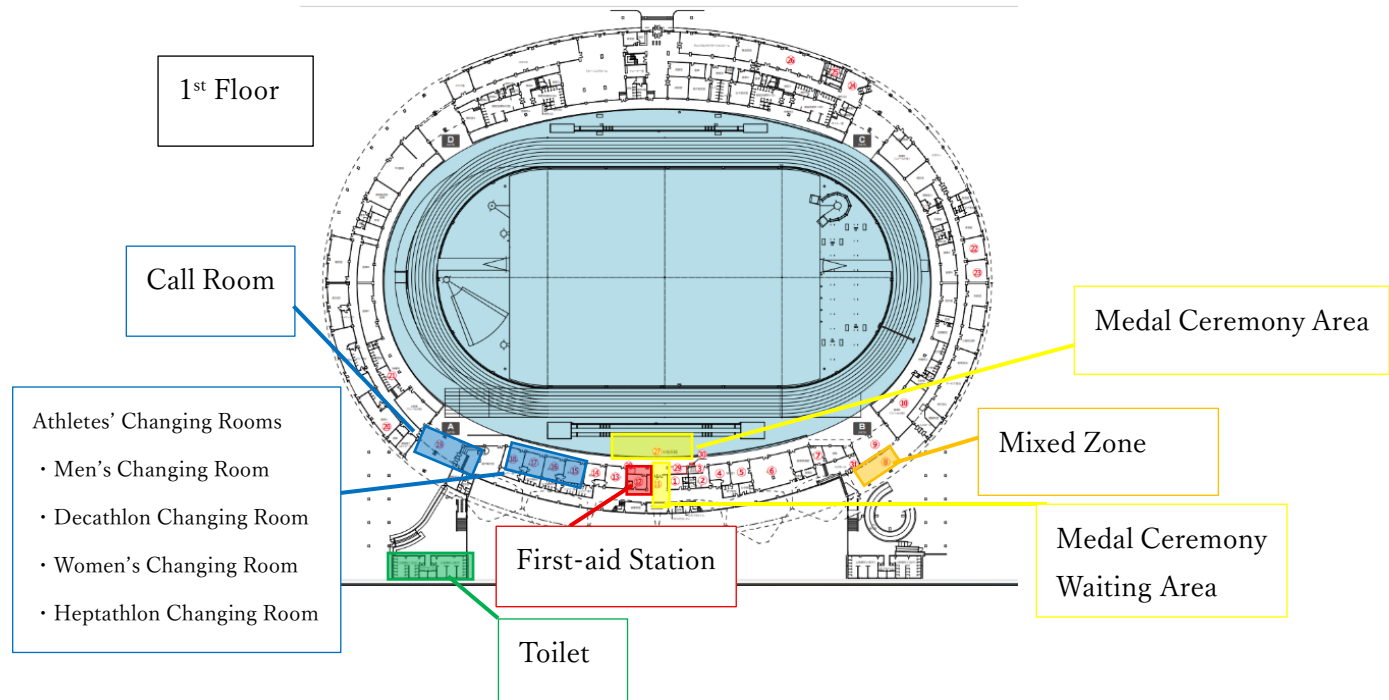
- Prohibited Area (Restricted Zone): The use of hearing aids is prohibited in the following areas during competition.
- The entire track and field area, the full marathon course from start to finish, and the areas enclosed by tape or fences on both sides of the course.
- Jumping and throwing events: The entire competition area and the surrounding zones designated by the officials for safety purposes.

3. VENUE

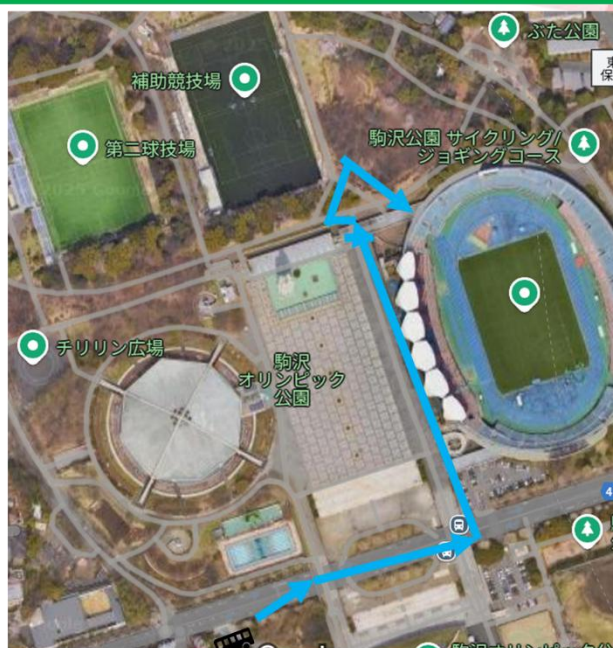
Various Rooms at the Competition/Training Venues

• Track & Field

Komazawa Olympic Park General Sports Ground Athletic Field



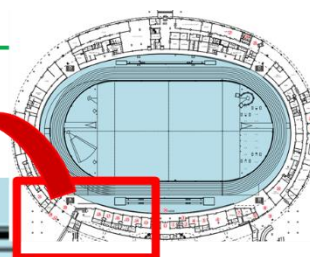
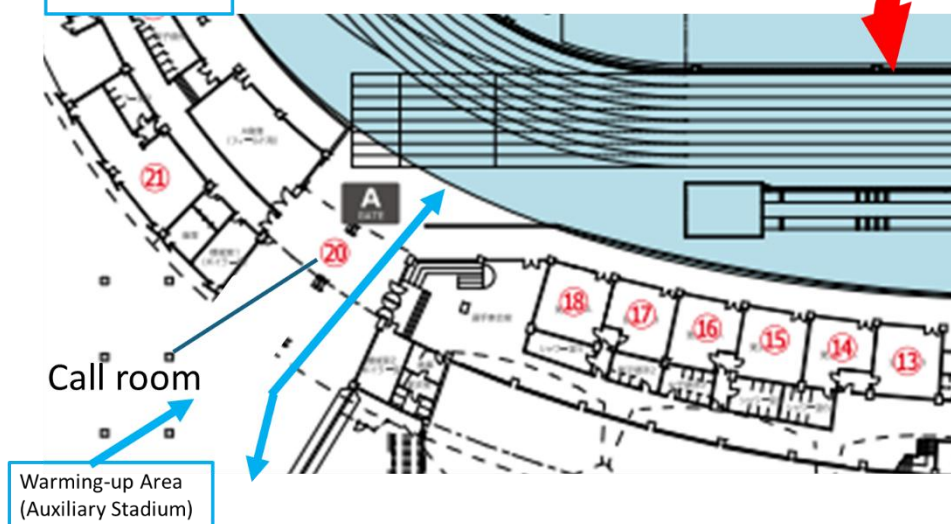
Flow line for athletes
(Parking of the bus~Venue)



→
Athletes

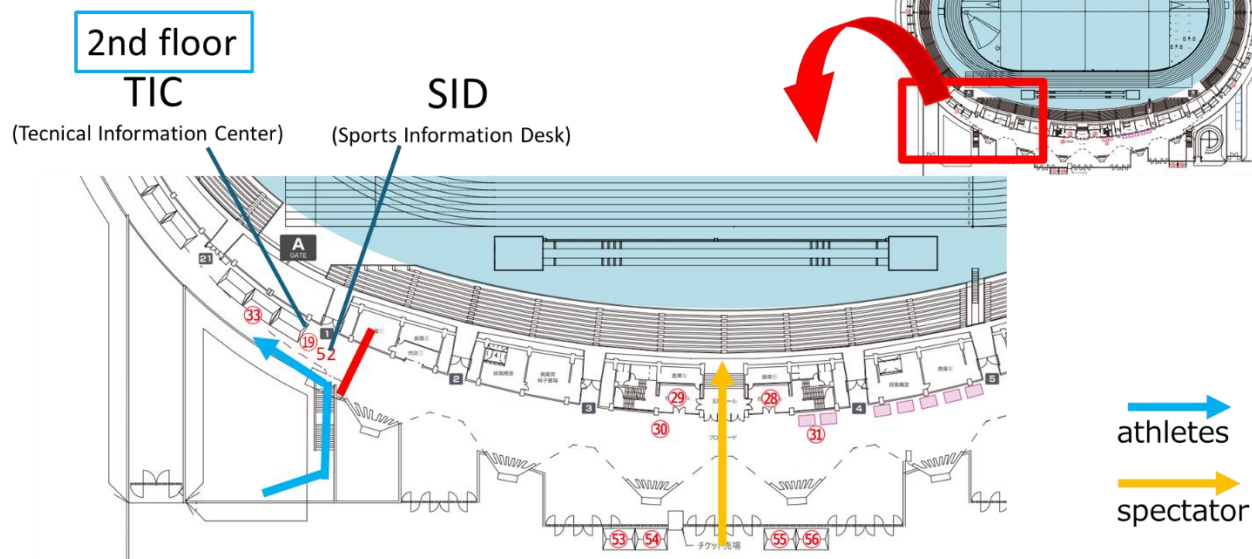
Flow line for athletes (in Venue)

1 st Floor



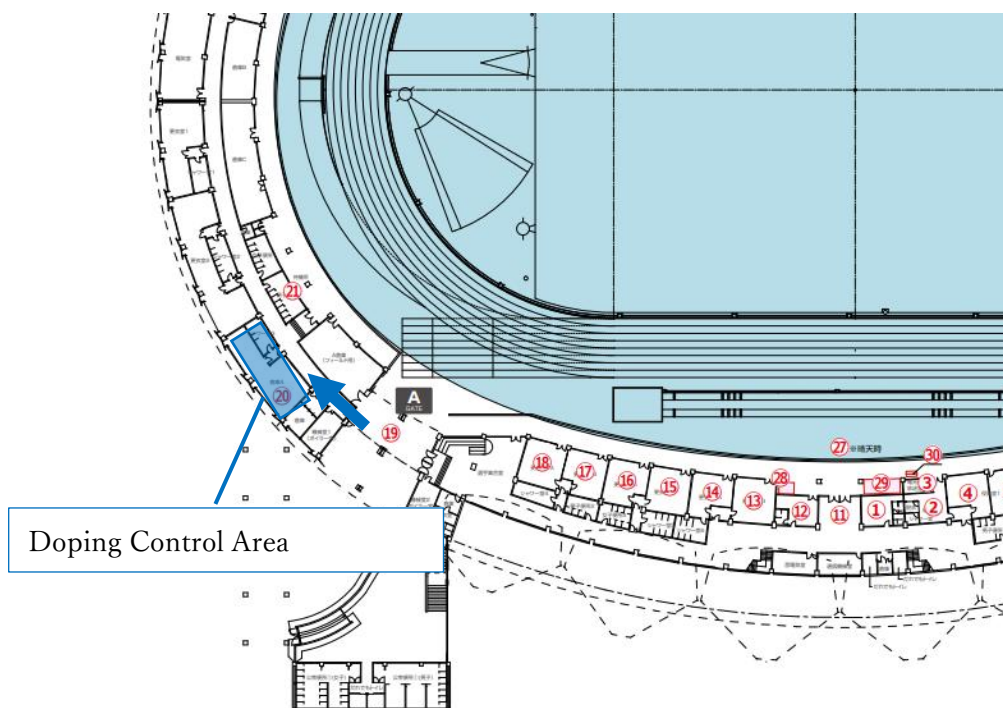
→
athletes

Flow line for athletes (in Venue)

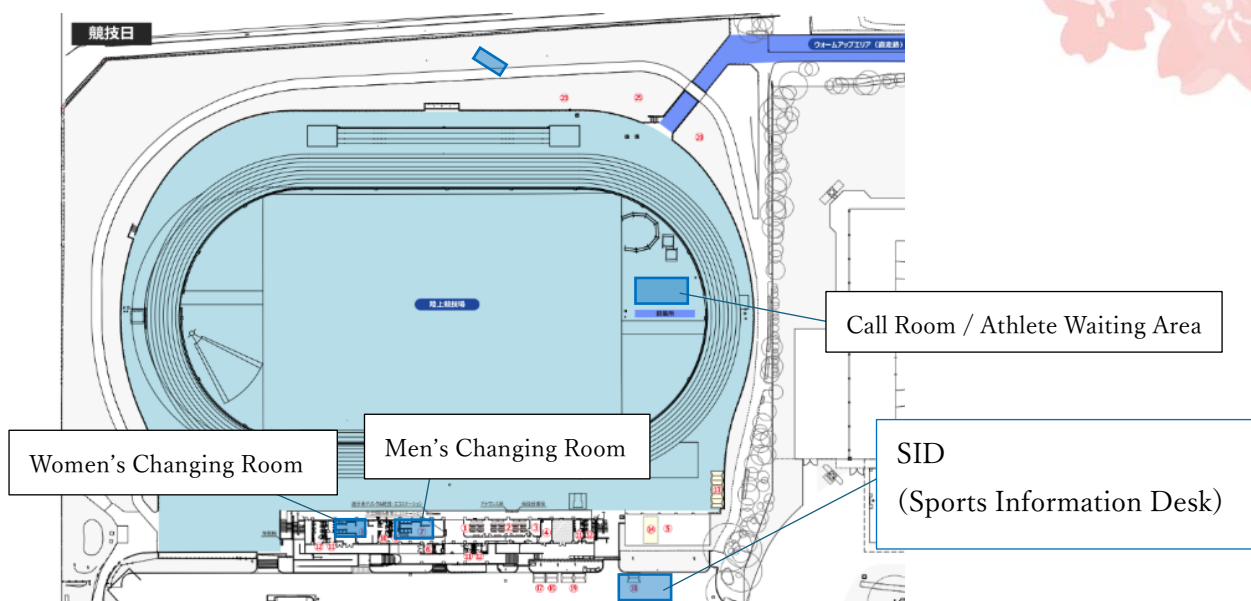


•Doping Control Area

The chaperone arranged by OC will escort the doping control subject to the location below.

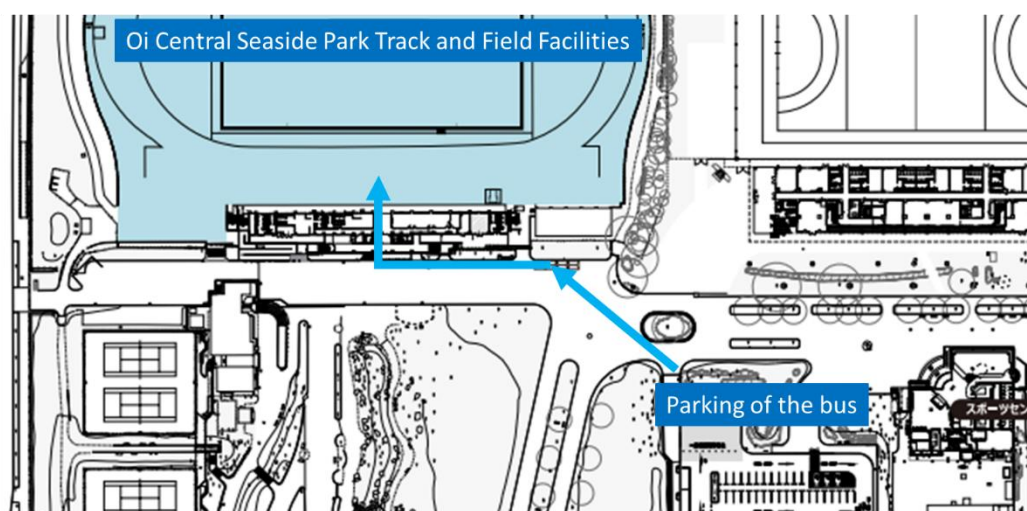


• Hammer Throw Oi Central Seaside Park Track and Field Facilities

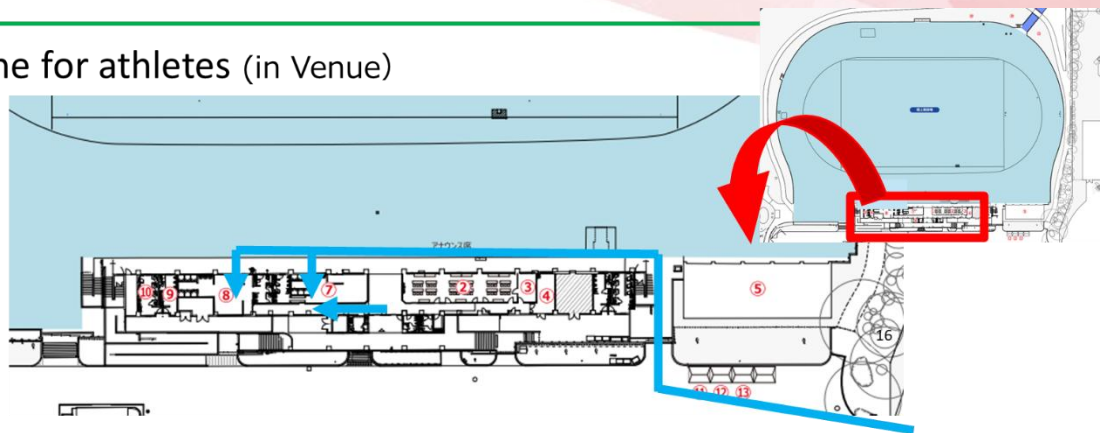


Flow line for athletes
(Parking of the bus~Venue)

athletes

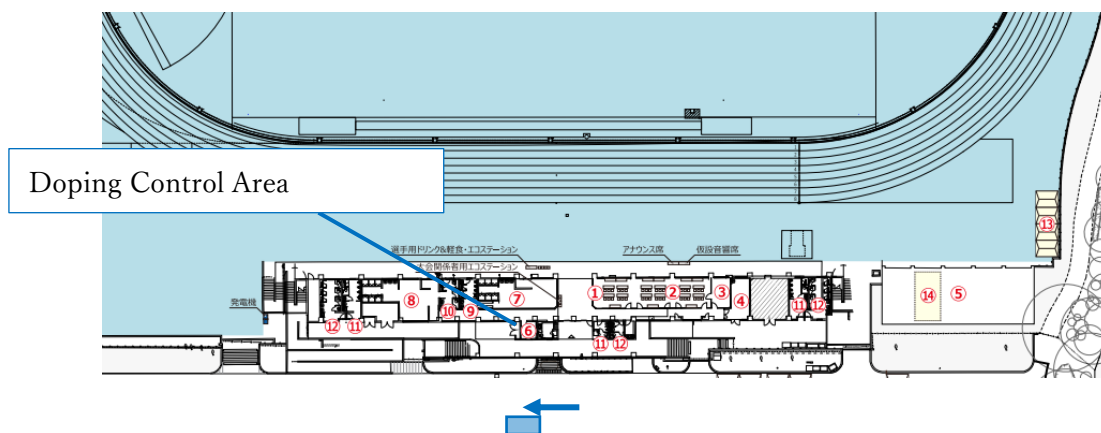


Flow line for athletes (in Venue)



•Doping Control Area

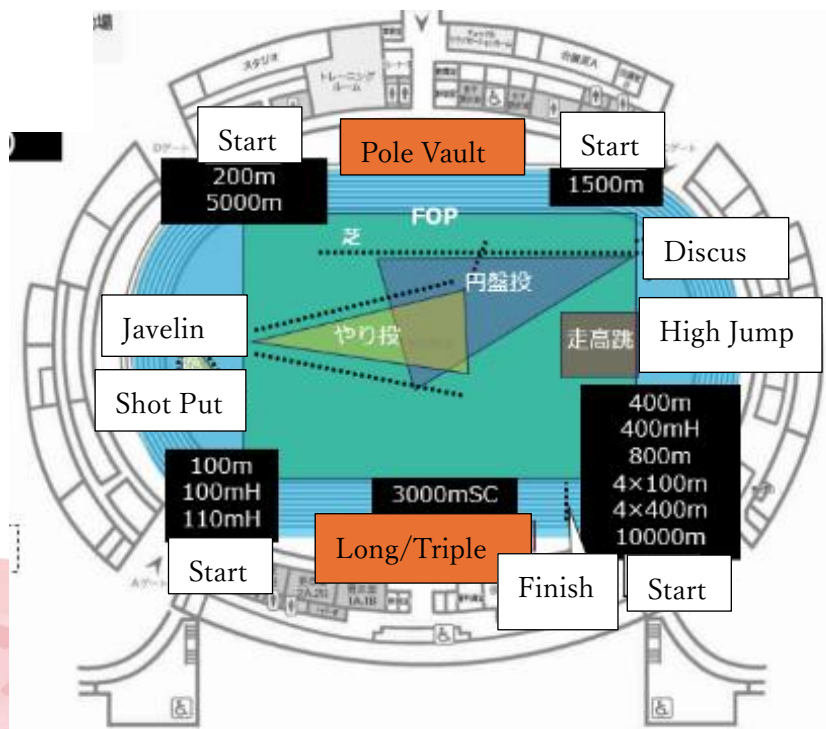
The chaperone arranged by OC will escort the doping control subject to the location below.



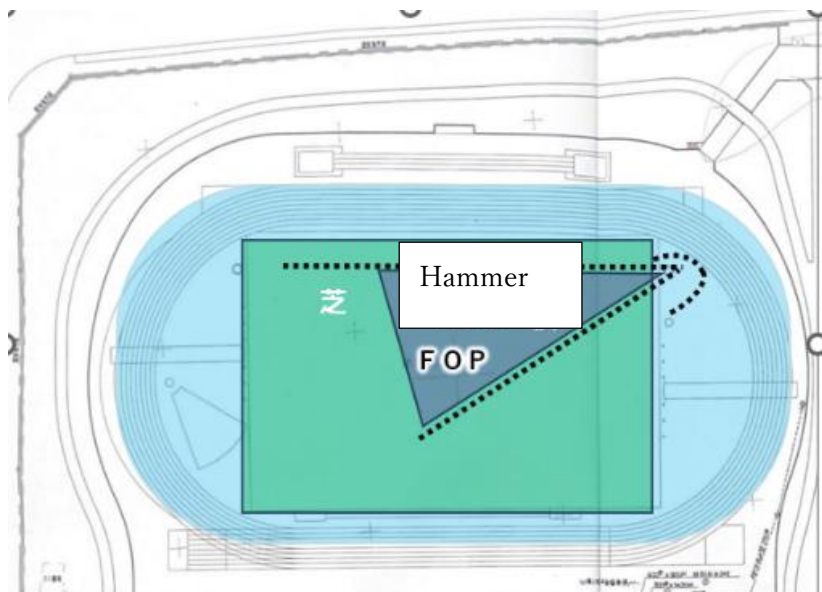
Field of Play (FOP)

•Track & Field

Komazawa Olympic Park General Sports Ground Athletic Field



- Hammer Throw Oi Central Seaside Park Track and Field Facilities



Security

For security reasons, baggage inspection may be conducted upon arrival. Information regarding prohibited items is available on this website. Please check [the details](#).

How to Identify International Sign Language Interpreters

Several sign language interpreters are stationed at the venue and wear dark navy staff uniforms.

Interpreters include both International Sign interpreters and Japanese Sign Language interpreters.

International Sign interpreters wear uniforms with green “IS” –International Sign– sticker.

Some volunteers wearing pink uniforms may also have an “IS” sticker, but please note that the support they provide may be limited to basic expressions.



<Sign Language Interpreters>

<Volunteer>



<"IS" (International Sign) Sticker>



<Japanese Sign Language Sticker>

Transportation Service

○Shared Link Transportation Service

Athletes Delegation HP: https://deaflympics2025-games.jp/en/Transportation_Service/#gsc.tab=0

○Shared Venue Link (The English version of the venue website shared on the athletes homepage. However, please note that for Oi Central Seaside Park Track and Field Facilities, the English page may not display correctly, so the Japanese page is provided instead.)

Official Venue Website (Komazawa Olympic Park General Sports Ground Athletic Field)

<https://www.tef.or.jp.e.apk.hp.transer.com/kopgp/stadium/>

Official Venue Website (Oi Central Seaside Park Track and Field Facilities)

https://seaside-park.jp/search_park/park_ooisports

Official Venue Website (Tokyo Metropolitan Way)

There is no official website for the marathon venue, so the shared venue link has been removed.

◆Athletics (Komazawa / Oi) —

- For the latest transportation plan, please refer to the "[Transportation Service](#)" page on the athlete delegation homepage.

The bus timetable will be available on this website.

- To avoid missing the bus, please make sure to arrive at the boarding area with plenty of time to spare.

- **Please note that there are no bus services to the Komazawa and Oi venues. If you go to the wrong destination, you may not be able to participate in your event. Please be sure to check your destination**

carefully before boarding.

- The outbound and return buses are not necessarily the same. Please be careful not to leave any belongings behind on the bus.
- Please note that an ID card must be presented when boarding the bus.
- For those using public transportation, access details are available on the official website of each venue. Please check before your visit.

[Komazawa Olympic Park General Sports Ground Athletic Field](#)

[Oi Central Seaside Park Track and Field Facilities](#)

ID Card

- ID cards are issued at Deaflympic Square. Please note that they cannot be issued at the venue.
- ID cards are for personal use only and are non-transferable. Please carry your ID card with you at all times inside the venue.
- It is required when boarding buses to each competition venue. Please make sure to carry your ID card at all times.
- "If your ID card is damaged or lost, please contact the main operation centre immediately. After that, you must visit the ID Center (Deaflympic Square) in person to complete the reissuance procedure.

Training Room

- Komazawa Olympic Park General Sports Ground has a training facility available; however, during the Deaflympics, that facility will also be used by general park visitors.
- As the OC cannot provide compensation for any accidents that may occur within the facility, we kindly ask you to refrain from using it as much as possible.

(If you should decide to use the facility, please do so at your own risk. Avoid occupying the space as a group or engaging in any activity that may disturb other users. Please note that a fee applies for use (JPY 500 per 2 hours of use). We kindly ask that you prepare the payment before using the service.)

Venue Service

—Athlete Waiting Tent (Komazawa)

- Tents will be set up on the 2nd floor concourse to serve as the athletes' waiting area.
- These tents can be used as athlete waiting room.
- The use of the tent will be allocated as follows, based on the number of athletes from each country/region.
 - 40 or more athletes : Two adjacent tents will be exclusively assigned for use. (Japan, Kenya)
 - 20 or more, but fewer than 40 athletes : One tent will be exclusively assigned for use. (Poland, China)
 - Fewer than 20 athletes : Tents which are not exclusively assigned will be used as shared spaces.
- The detailed layout of tents will be posted at the venue.
- Please check the following guidelines when using the tent
 - All belongings brought into the tent must be cleared by the delegation that used it each day.
 - It is not permitted to reserve or secure tent space for the following days' use.
 - Shared tents are used by multiple teams, so please be considerate and share the space respectfully.
 - Lost items found in the tents will be managed by Sports Information Desk (SID).
 - The OC will not be held responsible for theft or any similar incidents. Please manage your belongings, including valuables, at your own risk.

—Changing Room / Shower

- Athletes may use the changing rooms and the attached shower rooms, but bringing shampoo or hair dryers is not permitted.
- Towels and similar items will not be provided. If you wish to use a towel, please bring your own.
- For the marathon, athlete waiting rooms will be provided as changing rooms, as well; however, shower facilities will not be available.
- For valuables, please use the lockers inside the changing rooms.
- Please note that when using the lockers at the Oi Central Seaside Park Track and Field Facilities, a 100 yen coin (Japanese yen) is required. Be sure to prepare for it in advance.

—Concerning Passage within the Park

- Within Komazawa Olympic Park General Sports Ground, there are cycling and jogging courses. During the Deaflympics, these facilities will continue to be used by general park visitors for cycling and jogging.
- Please be aware that there are several cycling and jogging paths on the route from the athlete bus parking point to the call room. For safety, follow the staff guidance and proceed with utmost caution.
- Regarding the use of the jogging course, please note that the OC cannot provide compensation for any accidents that may occur on the park course. Therefore, we kindly ask you to refrain from using it as much as possible.

(If you should decide to use the course, please do so at your own risk. Avoid occupying the space as a group or engaging in any activity that may disturb other users.)

—Catering Service

- Breakfast and lunch will not be provided at the venue.
- Only for the competition days, drinks, bananas, and light snacks will be provided for athletes.
- At the Komazawa venue, meals will be available for purchase from food trucks only for the competition days.
- All use of food and beverage services is at the athlete's own responsibility. The Organizing Committee will not be held liable under any circumstances, including health issues or doping test results.

—Sports Information Desk (SID)

- Sports Information Desk (SID) will be set up next to the TIC.
- SID (Sports Information Desk) serves as a general information desk for athletes. If you need any assistance, please visit the SID.
- SID will operate from the arrival of the first bus until the departure of the last bus.
- SID provides the following services:
 - Inquiries regarding athlete bus operations
 - Provision of food and beverage services for athletes, and blanket rental.
 - Lost and found inquiries

Please note that operations may differ on training days and at training venues.

Entering the Venue

◆Komazawa Olympic Park General Sports Ground Athletic Field

- Approximately 10 minutes' walk from the bus parking point.
- Entering the athletics stadium from the 1st floor, call room side.



◆Oi Central Seaside Park Track and Field Facilities

- Approximately 2 minutes' walk from the bus parking point.

