

# ORIENTEERING

## Bulletin 3

### additional information




DEAFLYMPICS





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**The contents of Bulletin 3 are updates or additions to the Bulletin 2. Information contained in Bulletin 2 that has not changed remains as stated in Bulletin 2**

# 1. Summary of entry

Deaf orienteers will participate in total 67.

Women - 26.

Men - 41.

Country	Sprint Distance		Sprint Relay	Super Sprint Relay	Middle Distance		Long Distance		Relay	
	M	W	—	—	M	W	M	W	M	W
Japan	○	○	○	○	○	○	○	○	○	○
China	○	○	○	○	○	○	○	○	○	○
Taiwan	○	○	○	○	○	○	○	○	○	
Brazil	○	○	○	○	○	○	○	○		
Lithuania	○	○	○	○	○	○	○	○		
Sweden	○				○		○		○	
Hungary	○	○	○	○	○	○	○	○	○	
Ukraine	○	○	○	○	○	○	○	○	○	○
USA	○	○	○	○	○	○	○	○	○	
Czech Republic	○	○		○	○	○	○	○		
Finland	○	○		○	○		○			
Norway	○	○		○	○	○	○	○		
Estonia	○				○		○			
Switzerland	○				○		○			
Germany	○				○		○			
Turkey	○				○		○		○	
Total	33	24	8	11	33	22	32	19	8	—



## 2. Nominal Entry

Nominal entries for each event, including assigning starting groups, are made online.

Complete the necessary information on the entry form (electronic file) provided in advance and submit it to the SD.

For individual events, participants may be assigned to starting groups: early, middle, or late.

Two athletes cannot be listed in one group.

If such a listing is made, the entry will be automatically corrected to the athlete in the earlier or later slot in the order listed.

The deadlines are as follows:

Sprint distance, Sprint Relay, Super Sprint Relay: 13th November 9:00

Middle, Long, Relay: 19th November 17:00

### 3. TM Location and Agenda

TM will be held once for urban, and once for forest events. The locations and details are as follows:

	Date and time	Venue
Hibiya (Sprint Distance, Sprint relay, Super Sprint Relay)	14 <sup>th</sup> Nov 15:00-16:00	Room 416 National Olympics Memorial Youth Center
Oshima (Middle, Long, Relay)	19 <sup>th</sup> Nov 15:00-16:00	Oshima Onsen Hotel

The TM will include the following:

1. A general overview of the event.
2. Special precautions.
3. Last-minute changes (if any).
4. Weather forecast.
5. Q&A.

Afterward, start lists, SIACs, and number bibs for each event will be distributed.

## 4. General Competition Notes

### 1) Competition Rules and map specifications:

The maps are produced in accordance with ISSprOM2019-2 revision 6 for urban events and ISOM2017-2 revision 6 for forest events. Control descriptions are in accordance with the International Specification for Control Descriptions (2024). Other competition rules are as stated in Bulletin 2.

### 2) Punching system

- ① SIACs, touch-free chips are used. When a SIAC approaches a station, the SIAC will flash intermittently. Check for the response. Stations will not respond.
- ② The finish will be a run-through using an antenna laid on the ground. The time of crossing the finish line will be recorded on the SIAC as the finish time.
- ③ Two SIACs will be provided. One is a backup, but both must be carried during the race. One is worn on the finger and the other on the same arm. Athletes must use an SIAC with their name on it. After all races, team officials shall collect and return all SIACs to the SID.
- ④ If an athlete approaches within 5 meters of the finish line (antenna) during the race, the SIAC will stop functioning, and any subsequent punches will not be recorded (the athlete will be counted as miss punched).

### 3) Number Bibs

Two bibs will be provided for sprint events, and one for forest events. In sprint events, the bibs must be worn on the chest and back, and in forest races, on the chest, at a visible location.

### 4) Quarantine area

All events will have a quarantine area. The location is specified for each event. Athletes and team officials accompanying athletes before the start must enter the quarantine area by the designated time. Signing the name list provided at quarantine will be considered proper entry into the quarantine area. Once inside the Quarantine, use of hearing aids and communication devices is prohibited, and use of these devices and direct exchange of information with outsiders are



prohibited.

Even after the race, athletes must not enter the quarantine area until the designated time. Team officials who have left the Quarantine cannot return until the designated time.

#### 5) Start of the Individual Event

At the start of the individual event, athletes are called three minutes before the start. After clearance and check of the SIACs, loose control descriptions are distributed in two minutes box, and course maps can be confirmed in one minute box. The start clock will indicate the approaching start time by displaying different colors (actual device will be displayed at TM).

#### 6) Tracking Device

All athletes must carry a tracking device during the races. Athletes will be provided with a vest at the technical meeting prior to the competition day. Athletes must wear this vest under their competition wear on the competition day. When leaving the quarantine, the event organizers will place the switched-on device into the vest's back pocket. After the competition, the devices will be collected at the time-keeping center.



## 5. Model Event/Training Course

The model event will be held at the National Olympics Memorial Youth Center (NOMYC). Registration is on the first floor of the Community Center and will run from 10:00 AM to 2:00 PM. The terrain is approximately 200m x 300m, and a 1:4000 scale map based on ISSprOM, mapped by the same mapper as the sprint events, will be prepared. Four control points will be set up.

After ID verification at registration, participants will be provided with SIACs. The start is approximately 90m away.

The start will be set up in nearly the same way as the start of the individual events. The results can be downloaded after the event and the SIACs shall be returned. The adjacent Yoyogi Park (approximately 500m from the entrance) is a large urban park ideal for jogging.

A training terrain will be available on Oshima Island, open from 1:00 PM to 3:00 PM on the 18th and from 10:00 AM to 2:00 PM on the 19th. The terrain is approximately 800m x 1km, and two model courses of 2.6km and 2.2km have been set up. The map follows ISOM, and the base map (orienteering map) is the same as that used in the forest events, but a different mapper from the forest events carried out the update, but efforts were made to unify the standards with those of the forest events.

Regarding transportation to the training course: Transportation Service” page on delegation website ([Transportation Service | TOKYO 2025 DEAFLYMPICS - Games Information -](#)).

## 6. Competition outlines and Competition Notes (Sprint)

### 1) Access to the quarantine (Teams not travelling by bus from the NOMYC)

To get to the quarantine, take Chiyoda Line (C)/ Hibiya Line (H)/ Marunouchi Line (M) of the Tokyo Metro. Get off at Kasumigaseki Station (M15, H07, or C08). Exit via Exit C1 (C2-C4 are also acceptable). Enter the Hibiya Park through Nishi-Saiwai-Mon Gate, and reach the Library and Museum, which is part of the Quarantine (see map below).

Please be cautious that accessing the quarantine via any other routes caused a risk of entering the embargoed area.



### 2) Arena

The diagram shows a conceptual layout of the arena in Hibiya Park, the venue for the sprint events. The quarantine area is a building, and restrooms and drinking water etc. are provided. An warming up area will be provided adjacent to the building. The start of the individual event is approximately 1,200 m, and the start/changeover for the relays are approximately 250 m, both of which are flat. Competitors and team officials must follow designated routes. The areas where athletes can remain after the sprint and sprint relay races will be announced on the TM.

A screen will be set up in the arena to broadcast the events, and the prize giving

ceremony will also be held within the arena.

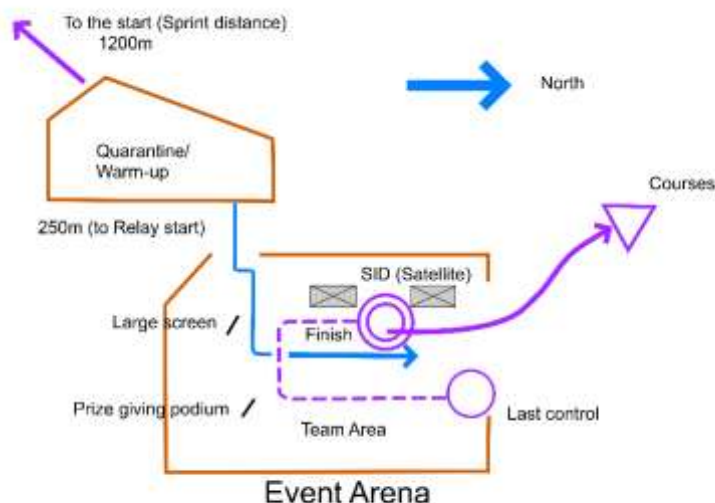


Diagram for the Sprint Arena (Hibiya Park)

### 3) General Note

- Teams arriving at Hibiya by bus from the NOMYC are due to enter the quarantine by 7:00 AM. Other teams are due to enter the quarantine by 6:30 AM. At the quarantine, team officials will be given ribbons indicating their entry into the quarantine. These ribbons must be displayed clearly within the quarantine.
- The courses are prepared in accordance with the IOF sprint format. Areas marked with olive green (ISSprOM 520) are often marked on-site with knee-height ropes for clarity. However, ropes may not be present around some olive green areas. Athletes are required to be familiar with and abide by the ISSprOM. While most of the competition areas within the park are closed to public, pedestrians may still be present. Control flags are guarded by staffs, who may warn pedestrians if they are expected to obstruct the athletes' passage.
- Complaint and protest are accepted at the SID (Satellite) near the finish. Please submit a form containing a clear and concise description of the complaint/protest. Protest is subject to Deaflympics regulations.

#### **4) Sprint Distance (Individual)**

- After 7:20, competitors are permitted to proceed to the start area via the designated route. The route map is distributed to each competitor upon entering the quarantine. The distance to the start area is approximately 1,200 meters with no climbing. It is a sidewalk of public roads, so there may be pedestrians. Guiding officials stay at the crossings or junctions.
- At the start area, there is a designated space approximately 8 meters wide and 30 meters long that can be used for warm-up. Toilets and water are available.
- Competitors can leave over wears and/or drink bottles, etc. at the start. They will be transported after the start, so they may not be returned to the arena until approximately 9:30.
- There is a start back-board one minute box, with a map available in front of it.
- After finishing, competitors must remain within the designated area in the Arena. This rule also applies to other competitors and officials.

#### **5) Sprint Relay**

- From 7:30, participants are permitted to proceed to the starting area via the designated route. The start area is located in the park approximately 250 meters from the quarantine. Non-runners and team officials may follow roughly the same route to the team area.
- The first runners should clear and check their SIACs by 7:55 and line up at the starting line. Once lined up, a race official will hand over a rolled-up map. The map will have their team number printed on it. The map must not be opened until the start.
- The start triangle is 90 meters away.
- About 60% of the courses, runners will pass the side of the arena, allowing next runners to see the previous runner passing. The next runners should clear and check their SIACs, then receive a map, and may enter the waiting area at any time. It is runners' responsibility to confirm that the map has their number on it, but they must not open the map until the changeover. It is the next runners' responsibility to enter the changeover area at the appropriate time.
- After passing through the finish gate, the previous runner must make physical contact with the next runner on their right.
- Athletes must remain within the designated area after finishing.
- Runners who have not started by 72 minutes (9:12) after the start will start all at once at 9:15.

## **6) Super Sprint Relay**

- Athletes participating in the Super Sprint Relay and their supporting team officials must re-enter the Quarantine by 10:30.
- From 11:30, they will be permitted to proceed via the designated route to the starting area, which is same as Sprint Rela.
- The first runner should clear and check their SIACs and is required to line up at the starting line by 11:55. Once lined up, a race official will hand over a rolled-up map. The map will have their team number printed on it and it is runners responsibility to confirm the map. The map must not be opened until the start.
- Thee start triangle is 90 meters away.
- No pre-warning will be provided regarding the approach of runners. After the previous runner has started, the next runner will receive a map from a race official and may enter the waiting area as usual after clearing and checking their SIACs. They must not open the map until they are touched. It is the next runners' responsibility to enter the starting area at the appropriate time.

After the previous runner passes through the finish gate, they will make physical contact with the next runner on their right.

After finishing, runners (runners 1-4) will move through the designated route to the starting area. Their data must be downloaded at the finish before the SIACs are cleared at the next start (the data is erased when the SIACs are cleared).

After finishing (runners 5 and 6), there are no particular restrictions on where they may stay.

Runners who have not started by 60 minutes (1:00 PM) after the start will start all at once at 1:05 PM.

## **7) Special symbols and omitted features (updated)**

These two types of objects are marked by black cross (ISOM 531)



(1) A cast iron water bottle that is no longer in use



(2) Large playground furniture; Approximately 1m x 1m or larger and 1.5m or higher are marked. The marked examples;



The examples of playground furniture which are not marked



(3) Fences that are passable but demanding speed reduction or detours are represented by ISOM 516. This symbol is also used for linear play equipment that is generally longer than 8.5 m. Low ropes around olive green (ISOM 520) are not shown.

Example of passable fence



Example of railing (playground equipment)



Lower fences or ropes that are not marked around olive green areas



(4) Omitted features. Tables and benches are not marked. Electric lights, public announcement poles, and drinking fountains are not marked

Tables and benches



Electric light (left) and public announcement pole (right)



Drinking fountain





## 7. Competition outlines and Competition Notes (Forest)

### 1) Arena

The diagram shows a conceptual layout of the arena in front of the Oshima Onsen Hotel, the Forest arena. The quarantine is a building of the hotel, and restrooms and drinking water etc are provided. An outdoor area for warming up will be provided. The relay start/changeover is in front of the building, and participants must use designated route. After the competition, the rest of the area (including the building) will be generally available, with exception of the quarantine area. A screen will be set up in the arena to broadcast the competition, and the prize giving ceremony will also be held within the arena.

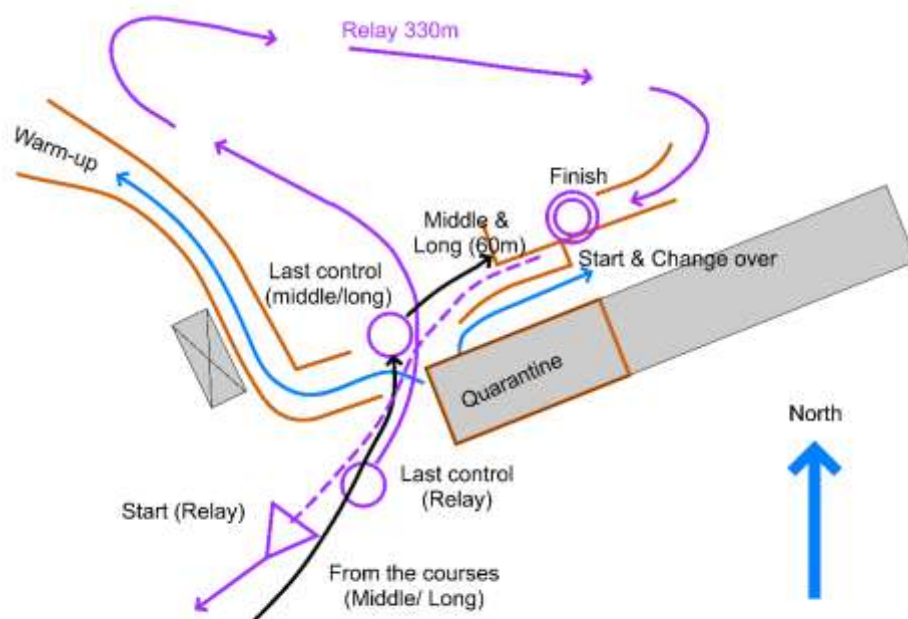


Diagram for the Forest Arena (Oshima Onsen Hotel)

### 2) General Notes

The courses are prepared in accordance with the competition format of the IOF rules.

- The finish is at Oshima Onsen Hotel, where the arena will be located. For individual events, buses will run from the accommodations to the quarantine.

Team officials may board the bus to the arena. No other means of return to the arena are permitted.

- Complaints and protests will be accepted at SID. A designated form is available, so please submit it with a concise and clear description of the complaints/protests. Protests will be governed by Deaflympics regulations.

### **3) Middle**

- The quarantine area is the bus stop. The deadline is 8:45 AM. Toilets are provided in the area and participants can stay on the bus until they head to the start. There are no other buildings.

- Route from the quarantine area to the start are marked. There is no water station at the start, but participants are given a 500ml water bottle upon leaving the quarantine area, which they can carry to the start. Drinking bottles, over wears, etc. can be left at the start. However, these will be brought to the arena after the start finished.

- The distance to the start is approximately 1,300 meters, with a 120m climbing.

### **4) Long**

The quarantine area is the bus stop. The deadline is 8:00 AM. Toilets are provided in the area, and participants can stay on the bus until they head to the start. There are no other buildings.


- Route from the quarantine area to the start are marked. There is no water station at the start, but participants are given a 500ml water bottle upon leaving the isolation area, which they can carry to the start. Drinking bottles and over wears can be left at the start. However, these will be brought to the arena after the start finished.

- The distance from the quarantine area to the start is approximately 500 meters, with a 40m climbing.

### **5) Relay**

The quarantine area is the Oshima Onsen Hotel. The deadline is 9:00 AM. The quarantine area is part of the Hotel building and has drinking water and restroom facilities.

The first runner is required to clear and check their SIACs and line up at the start



line by 9:55 AM. Once lined up, a race official will hand over a rolled-up map. The map will have number printed on it. The map must not be opened until the start.

- The start triangle is approximately 200 meters away.
- The approach of the preceding runner can be seen in the finish lane (near the last control for the long and middle races, approximately 250 meters from the finish). The next runner shall clear and check their SIACs at the appropriate time, receive a map from race official, and enter the changeover area. They must not open the map until they changeovers. It is the next runners' responsibility to enter the changeover area at appropriate time.
- After passing through the finish gate, the previous runner must make physical contact with the following runner on the left. After finishing, runners will not be allowed to return to the quarantine until 12:20 or until all runners have started.
- Any runners who have not started by 140 minutes after the start (12:20) will be required to start all at once at 12:25.

## 8. Course information (confirmed) (updated)

Event	Map scale	Contour interval	Male/ female	Winning time	length	climbing	Nr of c	Maximum running time (min)	Nr of redressing point	Dimension of loose description
Sprint distance	1:4,000	2m	M	14	3.5	25m	25	40	0	60*206
			F	13	2.7	15m	17	40	0	60*146
Sprint relay	1:4,000	2m	M	54(13-14 each)	3.0	10m	22	120 (teams)	0	—
			F		2.6	5m	17			
Super sprint relay	1:3,000	2m	M&F	36-45 (6-7.5 each)	1.3	0m	7	90 (team)	0	
Middle distance	1:10,000	2.5m	M	35	4.3	165m	17	120		60*140
			F	35	3.9	150m	15	120		60*128
Long distance	1:15,000	2.5m	M	90	11.3	350m	21	180		60*164
			F	90	9.4	310m	17	180		60*140
Relay	1:10,000	2.5m	M	105 (35 each)	4.4-4.5	90-100m	14	180 (team)		—

## 9. Complaints and protests

The IOF rules apply to complaints, while Deaflympics regulations apply to protests. Both forms are available at the SID or its satellite. The responses will be given as quickly as possible. Responses will be posted near the SID or its satellite. If you are dissatisfied with the response to the complaint, you may protest. In accordance with Deaflympics regulations, a \$100 (US) deposit is required for protests.

## 10. Live results

Live results will be available. You can view the progress of the competitions, including the current rankings, at the following URL or QR codes. The results will be available for approximately the duration of the competition on the day of the event.

- Sprint Distance

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=SprintDistance>

- Sprint Relay

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=SprintRelay>

- Super Sprint Relay

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=SuperSprintRelay>



Sprint Distance



Sprint Relay



SS relay

- Middle Distance

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=MiddleDistance>

- Long Distance

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=LongDistance>

- Relay

<https://jp.mulka2.com/cloud/live/index.jsp?lang=en&eventName=Relay>



Middle



Long



Relay

Snacks that will be provided at Oshima Onsen Hotel (Arena of forest event) is to be announced at TM.