

Offical Training Schedule - 17th November 2025 - Afternoon 15:00

50m pool										25m pool							
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch
15:00	RSA	TUR	UKR	UKR	UKR	USA	USA	USA	15:00	ARG	AUS	AUS	AUS	BRA	CHN	CHN	CHN
16:00	CRO	GBR	GBR	FRA	HUN	IRL	ITA	ITA	16:00	CYP	ECU	GER	GRE	AZE	IND	IRI	OPEN
17:00	JPN	JPN	JPN	KAZ	KEN	KOR	KUW	LAT	17:00	MKD	VEN	LTN	MEX	COL	MRI	POR	OPEN
18:00	ISR	POL	POL	POL	DINA	DINA	DINA	SLO	18:00	OPEN	OPEN	SWE	TPE	BEL	OPEN	OPEN	OPEN
19:00	End	End	End	End	End	End	End	End	19:00	End	End	End	End	End	End	End	End

The Official Training Schedule - 18th November 2025 - Morning 10:00

50m pool									25m pool								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
9:30	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	9:30	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch
10:00	ARG	AUS	AUS	AUS	BRA	CHN	CHN	CHN	10:00	RSA	TUR	UKR	UKR	UKR	USA	USA	USA
11:00	CYP	ECU	GER	GRE	AZE	IND	IRI	OPEN	11:00	CRO	GBR	GBR	FRA	HUN	IRL	ITA	ITA
12:00	MKD	VEN	LBN	MEX	COL	MRI	POR	OPEN	12:00	JPN	JPN	JPN	KAZ	KEN	KOR	KUW	LAT
13:00	OPEN	OPEN	SWE	TPE	BEL	OPEN	OPEN	OPEN	13:00	ISR	POL	POL	POL	DINA	DINA	DINA	SLO
14:00	End	End	End	End	End	End	End	End	14:00	End	End	End	End	End	End	End	End

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50m pool									25m pool								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch
15:00	RSA	TUR	UKR	UKR	UKR	USA	USA	USA	15:00	ARG	AUS	AUS	AUS	BRA	CHN	CHN	CHN
16:00	CRO	GBR	GBR	FRA	HUN	IRL	ITA	ITA	16:00	CYP	ECU	GER	GRE	AZE	IND	IRI	OPEN
17:00	JPN	JPN	JPN	KAZ	KEN	KOR	KUW	LAT	17:00	MKD	VEN	LTB	MEX	COL	MRI	POR	OPEN
18:00	ISR	POL	POL	POL	DINA	DINA	DINA	SLO	18:00	OPEN	OPEN	SWE	TPE	BEL	OPEN	OPEN	OPEN
19:00	End	End	End	End	End	End	End	End	19:00	End	End	End	End	End	End	End	End

The Official Training Schedule - 19th November 2025 - Morning 10:00am

50m pool									25m pool								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
9:30	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	9:30	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch
10:00	ARG	AUS	AUS	AUS	BRA	CHN	CHN	CHN	10:00	RSA	TUR	UKR	UKR	UKR	USA	USA	USA
11:00	CYP	ECU	GER	GRE	AZE	IND	IRI	OPEN	11:00	CRO	GBR	GBR	FRA	HUN	IRL	ITA	ITA
12:00	MKD	VEN	LBN	MEX	COL	MRI	POR	OPEN	12:00	JPN	JPN	JPN	KAZ	KEN	KOR	KUW	LAT
13:00	OPEN	OPEN	SWE	TPE	BEL	OPEN	OPEN	OPEN	13:00	ISR	POL	POL	POL	DINA	DINA	DINA	SLO
14:00	End	End	End	End	End	End	End	End	14:00	End	End	End	End	End	End	End	End

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Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	14:00	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch	Arrive/Stretch
15:00	RSA	TUR	UKR	UKR	UKR	USA	USA	USA	15:00	ARG	AUS	AUS	AUS	BRA	CHN	CHN	CHN
16:00	CRO	GBR	GBR	FRA	HUN	IRL	ITA	ITA	16:00	CYP	ECU	GER	GRE	AZE	IND	IRI	OPEN
17:00	JPN	JPN	JPN	KAZ	KEN	KOR	KUW	LAT	17:00	MKD	VEN	LTN	MEX	COL	MRI	POR	OPEN
18:00	ISR	POL	POL	POL	DINA	DINA	DINA	SLO	18:00	OPEN	OPEN	SWE	TPE	BEL	OPEN	OPEN	OPEN
19:00	End	End	End	End	End	End	End	End	19:00	End	End	End	End	End	End	End	End